1. Catalog Description of the Course. [Follow accepted catalog format.]

Prefix NRS  Course# 200  Title INTRODUCTION TO PROFESSIONAL NURSING PRACTICE  Units (2)
2 hours lecture per week
Prerequisites Admission to the clinical nursing program
Corequisites NRS 201 Theory is exercised in corequisite courses
Description Provides the entry level nursing student with an overview of the art and science of nursing, including the philosophy, organizing theory, and desired outcomes of the nursing program. Introduces the core concepts, principles, basic assessment and clinical skills common to all areas and levels of nursing practice. Familiarizes the student with the components and use of the nursing process and presents the delivery of nursing care based on the Neuman Systems Model. Describes the dimensions of the professional role as provider of care, teacher, advocate, coordinator of care, and member of the profession.

Graded
Categories
Lab Fee Required  A - Z
Total Completions Allowed 1

2. Mode of Instruction.

<table>
<thead>
<tr>
<th>Component</th>
<th>Units</th>
<th>Hours per Unit</th>
<th>Benchmark Enrollment</th>
<th>Graded Component</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lecture</td>
<td>2</td>
<td>1</td>
<td>40</td>
<td>☒</td>
</tr>
<tr>
<td>Seminar</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Laboratory</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Activity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]

Required lower division course in the generic baccalaureate nursing program. Content required by the Board of Registered Nursing for licensure as a Registered Nurse. Students will be able to:

1. Discuss the role of regulatory agencies in defining nursing practice.
2. Identify important legal and ethical considerations which impact nursing practice.
3. Describe theories of nursing which serve as models for nursing practice, including the Neuman Systems Model.
4. Describe the impact of historical and socio-cultural influences on nursing practice and current trends in nursing.
5. Evaluate electronic nursing and medical information using appropriate nursing standards.
6. Explain nursing principles related to basic clinical skills common to all areas and levels of nursing practice.
7. Identify dimensions of the professional roles of caregiver, teacher, advocate, coordinator of care and member of the profession.

4. Is this a General Education Course  YES   NO
If Yes, indicate GE category and attach GE Criteria Form:

A (English Language, Communication, Critical Thinking)
A-1 Oral Communication
A-2 English Writing
A-3 Critical Thinking

B (Mathematics, Sciences & Technology)
B-1 Physical Sciences
B-2 Life Sciences – Biology
B-3 Mathematics – Mathematics and Applications
B-4 Computers and Information Technology

C (Fine Arts, Literature, Languages & Cultures)
5. **Course Content in Outline Form.** [Be as brief as possible, but use as much space as necessary]

   I. Evolution of Health Care and Nursing Practice
   II. Professional Roles of Nursing
   III. Regulation and Guidance of Practice
   IV. Health Care Delivery Systems
   V. Theoretical Foundations
      a. Health and Illness
      b. Theories of nursing practice
      c. The Neuman Systems Model
      d. CSUCI Nursing Program
   VI. Cultural and Development Concepts
   VII. Legal and Ethical Dimensions
   VIII. Critical Thinking in Nursing
      a. Nursing process
      b. Nursing care planning
      c. Evaluation of electronic information
      d. Evidence-based practice
   IX. Concepts and Principles Related to Basic Nursing Skills
   X. Stress and Stress Reactions
   XI. Psychosocial Foundations
   XII. Acuity and chronicity

   Does this course overlap a course offered in your academic program? YES ☐ NO ☑
   If YES, what course(s) and provide a justification of the overlap?

   Does this course overlap a course offered in another academic area? YES ☐ NO ☑
   If YES, what course(s) and provide a justification of the overlap?
   Signature of Academic Chair of the other academic area is required on the consultation sheet below.

6. **Cross-listed Courses (Please fill out separate form for each PREFIX)**
   List Cross-listed Courses

   Signature of Academic Chair(s) of the other academic area(s) is required on the consultation sheet below

   Department responsible for staffing:

7. **References.** [Provide 3 - 5 references on which this course is based and/or support it.]


8. **List Faculty Qualified to Teach This Course.**

   Nursing Faculty

9. **Frequency.**
   a. Projected semesters to be offered: Fall [X] Spring [ ] Summer [ ]

10. **New Resources Required.** YES [X] NO [ ]
    If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.
    a. Computer (data processing), audio visual, broadcasting needs, other equipment
    b. Library needs
       Appropriate professional nursing journals and reference books. Journals to include American Journal of Nursing, Nursing, RN, Nurse Educator, Journal of Professional Nursing
    c. Facility/space needs
       Resources proposed for the new BS in Nursing program should address needs of individual courses

11. **Will this new course alter any degree, credential, certificate, or minor in your program?** YES [ ] NO [X]
    If, YES attach a program modification form for all programs affected.

   Barbara Thorpe
   Proposer of Course 11/2/05
   Date
## Approvals

<table>
<thead>
<tr>
<th>Position</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Chair</td>
<td>Date</td>
</tr>
<tr>
<td>Curriculum Committee Chair</td>
<td>Date</td>
</tr>
<tr>
<td>Dean</td>
<td>Date</td>
</tr>
</tbody>
</table>