1. Catalog Description of the Course. [Follow accepted catalog format.]

Prefix NRS  Course# 203  Title THERAPEUTIC NURSING COMMUNICATION LABORATORY  Units (1)  3 hours  LAB per week
☑ Prerequisites Admission to the clinical nursing program
☑ Corequisites NRS 240 and NRS 241   Theory is exercised in corequisite courses.
Description Intensive clinical laboratory in which interpersonal and group therapeutic communication skills are developed. Designed to prepare students to use therapeutic communication skills while functioning in individual nurse-client relationships and in leadership or education roles occurring in group settings involving other professionals, clients, families, and communities.

Graded
☐ Gen Ed   ☑ CR/NC  ☐ Repeatable for up to   units
Categories
☐ Lab Fee Required  ☐ A - Z  Total Completions Allowed 1

2. Mode of Instruction.

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<th>Lecture</th>
<th>Seminar</th>
<th>Laboratory</th>
<th>Activity</th>
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<tr>
<td>Units</td>
<td>Hours per Unit</td>
<td>Benchmark Enrollment</td>
<td>Graded Component</td>
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3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements)  [Use as much space as necessary]

Required lower division course in the generic baccalaureate nursing program. Content required by the Board of Registered Nursing for licensure as a Registered Nurse. Students will be able to:

1. Provide rationale for effective communication with individuals, families, and groups.
2. Applies communication theory in simulated clinical situations.
3. Identifies and analyzes group process using the Neuman Systems Model.
4. Uses the nursing process to effectively communicate with individuals, families, and groups.
5. Demonstrates behaviors which promote a therapeutic relationship.
6. Displays sensitivity to perceptions and needs of others by responding with appropriate behavior and evaluating self/behavior.
7. Demonstrates effective verbal and non-verbal communication in classroom exercises.

4. Is this a General Education Course  YES ☐  NO ☑

If Yes, indicate GE category and attach GE Criteria Form:

A (English Language, Communication, Critical Thinking)
A-1 Oral Communication
A-2 English Writing
A-3 Critical Thinking

B (Mathematics, Sciences & Technology)
B-1 Physical Sciences
B-2 Life Sciences – Biology
B-3 Mathematics – Mathematics and Applications
B-4 Computers and Information Technology

C (Fine Arts, Literature, Languages & Cultures)
C-1 Art
C-2 Literature Courses
C-3a Language
5. **Course Content in Outline Form.** *(Be as brief as possible, but use as much space as necessary)*

I. Theoretical perspectives and therapeutic techniques for effective communication.
II. Group process and group dynamics
III. Cross-cultural communication
IV. Establishing a therapeutic relationship
V. Communicating with a patient or family in crisis
VI. Conflict resolution
VII. Group think

Does this course overlap a course offered in your academic program?  YES ☐ NO ☑
If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area?  YES ☐ NO ☑
If YES, what course(s) and provide a justification of the overlap?
Signature of Academic Chair of the other academic area is required on the consultation sheet below.

6. **Cross-listed Courses (Please fill out separate form for each PREFIX)**
List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the consultation sheet below

Department responsible for staffing:

7. **References.** *(Provide 3 - 5 references on which this course is based and/or support it.)*


8. **List Faculty Qualified to Teach This Course.**

Nursing Faculty

9. **Frequency.**
a. Projected semesters to be offered:  Fall ☑  Spring ☐  Summer ☐

10. **New Resources Required.**  YES ☑  NO ☐
If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.
   a. Computer (data processing), audio visual, broadcasting needs, other equipment)

5/25/2004 cp
b. Library needs
Subscriptions to journals supporting course content, such as American Journal of Nursing, Nursing, RN, Heart and Lung... Expansion of clinical nursing books will also be needed; specific texts will be selected by course faculty. Access to nursing and health related search engines, i.e. CINAHL, Medline, etc.

c. Facility/space needs

11. Will this new course alter any degree, credential, certificate, or minor in your program? YES ☐ NO ☒
If, YES attach a program modification form for all programs affected.

_________________________  11/2/05
Barbara Thorpe  
Proposer of Course  Date
## Approvals

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<td>Program Chair</td>
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<td>Curriculum Committee Chair</td>
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