CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

NEW COURSE PROPOSAL

DATE NOVEMBER 8, 2005
PROGRAM AREA NURSING

1. Catalog Description of the Course. [Follow accepted catalog format.]

Prefix NRS  Course# 240  Title PSYCHIATRIC AND MENTAL HEALTH NURSING  Units (3) 3 hours lecture per week
☑ Prerequisites Admission to clinical nursing program
☑ Corequisites NRS 200, NRS 201, NRS 203 and NRS 241
Description Presents theories and concepts related to the care of individuals who require nursing interventions to achieve and maintain mental health. Focuses on use of self-therapeutic communication, and nursing process.

☐ Gen Ed  ☐ CR/NC  ☐ Repeatable for up to  units
Categories  ☑ A - Z  Total Completions Allowed 1

2. Mode of Instruction.

<table>
<thead>
<tr>
<th>Units</th>
<th>Hours per Unit</th>
<th>Benchmark Enrollment</th>
<th>Graded Component</th>
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<tbody>
<tr>
<td>Lecture</td>
<td>3</td>
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<tr>
<td>Seminar</td>
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<td>1</td>
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<td>Laboratory</td>
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<td>Activity</td>
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3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]

Required lower division course in the generic baccalaureate nursing program. Content required by the Board of Registered Nursing for licensure as a Registered Nurse. Students will be able to:

1. Define theories of mental health and illness.
2. Describe common acute and chronic psychiatric disorders, related behaviors, and appropriate nursing interventions.
3. Explain therapeutic use of self and therapeutic communication tools in the care of individuals displaying mental health deviations.
4. Discuss the application of the nursing process within the Neuman Systems Model for patients with mental health deviations.
5. Determine socio-cultural, environmental, physical, ethnic, and religious variables related to behavioral disorders that influence patients and families.

4. Is this a General Education Course  YES ☐  NO ☑
If Yes, indicate GE category and attach GE Criteria Form:

A (English Language, Communication, Critical Thinking)
A-1 Oral Communication
A-2 English Writing
A-3 Critical Thinking

B (Mathematics, Sciences & Technology)
B-1 Physical Sciences
B-2 Life Sciences – Biology
B-3 Mathematics – Mathematics and Applications
B-4 Computers and Information Technology

C (Fine Arts, Literature, Languages & Cultures)
C-1 Art
C-2 Literature Courses
C-3a Language
C-3b Multicultural

D (Social Perspectives)

E (Human Psychological and Physiological Perspectives)

5/25/2004 cp
5. Course Content in Outline Form. [Be as brief as possible, but use as much space as necessary]

I. Biological and pharmacological aspects of psychiatric care.
II. Relevant theories and therapies
III. Therapeutic relationships
IV. Nursing implications for patients and families experiencing: Affective disorders; psychosis; substance abuse; personality disorders; eating disorders
V. Stress/crisis
VI. Suicide
VII. Anger, aggression, and violence
VIII. Grief and Loss
IX. Mental health and illness across the lifespan
X. Community mental health

Does this course overlap a course offered in your academic program? YES □ NO ☒
If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area? YES □ NO ☒
If YES, what course(s) and provide a justification of the overlap?
Signature of Academic Chair of the other academic area is required on the consultation sheet below.

6. Cross-listed Courses (Please fill out separate form for each PREFIX)

List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the consultation sheet below

Department responsible for staffing:

7. References. [Provide 3 - 5 references on which this course is based and/or support it.]


8. List Faculty Qualified to Teach This Course.

Nursing Faculty


a. Projected semesters to be offered: Fall ☒ Spring ☒ Summer ☐

10. New Resources Required. YES ☒ NO ☒

If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.

a. Computer (data processing), audio visual, broadcasting needs, other equipment)
b. Library needs
Subscription to Journal of Psychiatric Nursing

c. Facility/space needs

11. **Will this new course alter any degree, credential, certificate, or minor in your program?** YES □ NO ☑
If, YES attach a program modification form for all programs affected.

Barbara Thorpe ___________________________ 11/1/05
Proposer of Course ___________________________ Date

5/25/2004 cp
Approvals

___________________________________________________  
Program Chair     Date

___________________________________________________  
Curriculum Committee Chair     Date

___________________________________________________  
Dean     Date