GE CRITERIA APPROVAL FORM

Course Number and Title:  PHED 208. Introduction to Kinesiology (3)

Faculty Member(s) Proposing Course:  Philip Hampton

Indicate which of the following categories would be satisfied by this course by marking an “X” on the appropriate lines. Courses may be placed in up to two GE categories as appropriate. Upper Division Interdisciplinary GE courses may be placed in two categories plus the UDIGE category.

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X E: Human Psychological & Physiological Perspectives

D: Social Perspectives

Upper Division Interdisciplinary GE

Lab Included? Yes _____ No ____

Please provide a brief explanation of how the proposed course meets each of the criteria for the selected General Education categories.

**All Category E courses shall:**

- Promote an understanding that humans, as physiological and psychological beings, exist and live in a social and physical environment.
- Focus on some aspect of human physiology, psychology, health, or physical activity.

This course will examine the importance of human movement, fundamental concepts of biomechanics, fundamental concepts of exercise physiology, fundamentals of the social and psychological dynamics of physical education, and the developmental history of physical education.