CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

NEW COURSE PROPOSAL

PROGRAM AREA LIBERAL STUDIES

1. Catalog Description of the Course:

PHED 310. ADAPTED PHYSICAL EDUCATION (3)
Basic concepts of Adapted Physical Education and an examination of trends in schools and communities. Particular attention given to inclusion as a teaching model. This is not an activity/performance course.
GenEd: E

2. Mode of Instruction.

<table>
<thead>
<tr>
<th>Units</th>
<th>Hours per Unit</th>
<th>Benchmark Enrollment</th>
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</thead>
<tbody>
<tr>
<td>Lecture</td>
<td>3</td>
<td>1</td>
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<tr>
<td>Seminar</td>
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<tr>
<td>Laboratory</td>
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<tr>
<td>Activity</td>
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3. Justification and Learning Objectives for the Course.

The course is designed to meet Category E in the General Education and the concentration in Physical Education and Health in the Liberal Studies Teaching and Learning Option. It will provide future K-12 teachers with knowledge of how to adapt physical education activities to students with special needs.

Upon successful completion of this course, the student will be able to:

- Discuss major historical information in the development of adapted physical education.
- Explain the features of the Individuals with Disabilities Education Act (IDEA) and the Individualized Education Plan process
- Demonstrate appropriate principles, procedures, and techniques utilized in adapted physical activity for facilitating successful participation in both regular and special classes
- Identify general classifications of disabilities and describe the various types of disabilities/conditions
- Identify appropriate activities for adapted physical education students

4. Is this a General Education Course

YES

If Yes, indicate GE category:

- A (English Language, Communication, Critical Thinking)
- B (Life Sciences)
- C (Fine Arts, Literature, Languages & Cultures)
- D (Social Perspectives)
- E (Human Psychological and Physiological Perspectives) X

5. Course Content in Outline Form.

- Terminology
- Legal Basis for Integrating Children with Disabilities: Individuals with Disabilities Education Act (IDEA)
- Inclusion
- Types of Disabilities
- Methodology of Instruction
- Individualized Education Program
- Qualifying Factors
- Appropriate games and sports

NEWCRSFR 9/30/02
6. References.

7. List Faculty Qualified to Teach This Course.
   Faculty

8. Frequency.
   a. Projected semesters to be offered: Fall _____ Spring _____ X Summer _____

9. New Resources Required.
   a. Computer (data processing)
      audio visual, broadcasting needs, other equipment
   b. Library needs
   c. Facility/space needs
      Gymnasium, Conference Hall

10. Consultation.
    Attach consultation sheet from all program areas, Library, and others (if necessary)

11. If this new course will alter any degree, credential, certificate, or minor in your program, attach a program modification.

___ Philip Hampton ______________________ 1/8/03 __________________________
Proposer of Course Date