CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS
NEW COURSE PROPOSAL

DATE 4.11.07
PROGRAM AREA PSYCHOLOGY

1. Catalog Description of the Course. [Follow accepted catalog format.]

Prefix PSY  Course# 327  Title PARENTING Units (3)
3 hours lecture per week
Prerequisites PSY 100, PSY 211, PSY 213
Corequisites

Description Examines theories of parent-child relations across the life-span and introduces the theoretical frameworks, research, and applications of parenting techniques and strategies.

Graded
Gen Ed
CR/NC
Repeatable for up to units
Lab Fee Required
A - F
Total Completions Allowed
Optional (Student’s choice)
Multiple Enrollment in same semester

2. Mode of Instruction.

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<th></th>
<th>Units</th>
<th>Hours per Unit</th>
<th>Benchmark Enrollment</th>
<th>Graded Component</th>
<th>CS #</th>
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<tr>
<td>Lecture</td>
<td>3</td>
<td>1</td>
<td>30</td>
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<tr>
<td>Seminar</td>
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<td>Laboratory</td>
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3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]

This is an elective course for Psychology. It does not meet the University Writing and/or Language Requirement.

Learning Objectives:
Upon completion of the course students will be able to:
1. Discuss and evaluate theoretical frameworks of parenting and family relations.
2. Demonstrate knowledge of the literature on parenting issues and special topics (e.g., divorce and step-parenting)
3. Apply empirically-based techniques to parenting issues.
4. Articulate developmental milestones and appropriate parenting responses across the life span.
5. Critique parenting practices and beliefs presented in the popular press.

4. Is this a General Education Course YES ☐ NO ☒

If Yes, indicate GE category and attach GE Criteria Form:

A (English Language, Communication, Critical Thinking)
A-1 Oral Communication ☐
A-2 English Writing ☐
A-3 Critical Thinking ☐

B (Mathematics, Sciences & Technology)
B-1 Physical Sciences ☐
B-2 Life Sciences – Biology ☐
B-3 Mathematics – Mathematics and Applications ☐
B-4 Computers and Information Technology ☐

C (Fine Arts, Literature, Languages & Cultures)
C-1 Art ☐
C-2 Literature Courses ☐
C-3a Language ☐
C-3b Multicultural ☐

D (Social Perspectives) ☐
5. Course Content in Outline Form. [Be as brief as possible, but use as much space as necessary]

- Parenting perspectives
- Family configurations-divorce, homosexuality, adoption, foster care
- Characteristics of healthy families
- Transition to parenthood
- Parenting in infants and toddlers
- Attachment theory
- Parental authority
- Changing children's behavior
- Adjustment, stress and coping
- Communication techniques
- Children with special needs
- Parenting adolescents
- Adult children and the transition into adulthood
- Grandparents
- Family violence, child abuse and neglect

Does this course overlap a course offered in your academic program? YES ☐ NO ☒
If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area? YES ☐ NO ☒
If YES, what course(s) and provide a justification of the overlap?
Signature of Academic Chair(s) of the other academic area(s) is required on the signature sheet below.

6. Cross-listed Courses (Please fill out separate form for each PREFIX)
List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the signature sheet below.

Department responsible for staffing: Psychology

7. References. [Provide 3 - 5 references on which this course is based and/or support it.]


8. List Faculty Qualified to Teach This Course.

Psychology faculty

   a. Projected semesters to be offered: Fall ☒ Spring ☐ Summer ☐

10. New Resources Required. YES ☐ NO ☒
If YES, list the resources needed and obtain signatures from the appropriate programs/units on the sheet below.

a. Computer (data processing), audio visual, broadcasting needs, other equipment)

b. Library needs

c. Facility/space needs

11. **Will this new course alter any degree, credential, certificate, or minor in your program?** YES ☐ NO ☒
   If, YES attach a program modification form for all programs affected.

Michelle Moon  9/26/2006
Proposer of Course  Date
## Approval Sheet

**Program/Course:**

<table>
<thead>
<tr>
<th>Chair(s)</th>
<th>Date</th>
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<tbody>
<tr>
<td>Program Chair(s)</td>
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<td>General Education Chair(s)</td>
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<td>Curriculum Committee Chair(s)</td>
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<td>Dean of Faculty</td>
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