

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

NEW COURSE PROPOSAL

PROGRAM AREA: PSYCHOLOGY

1. Catalog Description of the Course. [Include the course prefix, number, full title, and units. Provide a course narrative including prerequisites and corequisites. If any of the following apply, include in the description:

Repeatability (May be repeated to a maximum of ____ units); time distribution (Lecture ____ hours, laboratory ____ hours); non-traditional grading system (Graded CR/NC, ABC/NC). Follow accepted catalog format.]

PSY 344 PSYCHOLOGY AND TRADITIONAL ASIAN THOUGHT (3)

Three hours lecture per week

Prerequisite: Upper Division standing or consent of instructor

This course examines the differences and similarities between the Western practice of psychology and traditional Asian systems of philosophy and religion. Topics include: health, well-being and enlightenment, pathology, Buddhism, Daoism, and depth psychologies. GenEd: C3b, E and Interdisciplinary

	Units:	Hrs/Unit	Benchmark Enrollment
2. Mode of Instruction Lecture	3	1	25

3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]

This elective course in the psychology major introduces students to psychological practices from traditional Asian cultures which will be compared and contrasted with Western psychologies. After taking this course students will be able to:

1. Use psychological theory to understand interpersonal, group, and religious behavior in traditional Asian cultures
2. Explain traditional Asian systems of philosophy and religion using different psychological theories or models
3. Compare and contrast Western and Eastern perspectives on philosophical and psychological problems.
4. Students will gain an understand themselves and their values relative to traditional Asian cultural contexts.
5. Use psychological theory to provide insight and understanding of their own behavior

Note: All learning objectives in psychology are adapted from Allen, Noel, Deegan, Et. al. (2000). Goals and Objectives for the Undergraduate Psychology Major: Recommendations from a Meeting of California State University Psychology Faculty. Society for the Teaching of Psychology (APA Division 2).

4. Is this a General Education Course? If Yes, indicate GE category: Yes

C (Fine Arts, Literature, Languages & Cultures)

E (Human Psychological & Physiological Perspectives)

5. Course Content in Outline Form

1. Western Psychology Overview
2. Analyst and Mystic
3. Mythological & Psychological Structure
4. Hinduism
5. Hindu Practices and Arts
6. Beginnings of Buddhism
7. Tibetan Buddhism
9. Zen Buddhism
10. Buddhism & Western Psychology
11. Daoist Psychological Practices
12. Traditional Asian Medicine
13. Traditional Chinese Medicine and Psychology
14. Traditional Asian Arts & Psychology
15. Tea and culture in traditional Asian Society

6. References

Kohn, L. (2001). Daoism and Culture. Cambridge, MA: Three Pines Press

Hesse, H. (1951). Siddhartha. New York, NY: New Directions.

Molino, A. (1998). The Couch and the Tree: Dialog in Psychoanalysis and Buddhism. New York, NY: North Point Press.

Flood, G. (2000). An Introduction to Hinduism. Cambridge, UK: Cambridge University Press.

7. Qualified Faculty Kevin Volkan

	Fall Semester:	Spring Semester:	Summer Semester:
8. Frequency	Yes	Yes	No

9. New Resources Required. None

10. Consultation *Attach consultation sheet from all program areas, Library, and others (if necessary)*

11. If this new course will alter any degree, credential, certificate, or minor in your program, attach a program modification

Proposer of Course: Kevin Volkan

Date: Friday, November 22, 2002