

## GE CRITERIA APPROVAL FORM

**Course Number and Title:** PSY 344 Psychology & Traditional Asian Thought

**Faculty Member(s) Proposing Course:** Kevin Volkan

**Indicate which of the following categories would be satisfied by this course by marking an “X” on the**

**appropriate lines. Courses may be placed in up to two GE categories as appropriate. Upper Division**

**Interdisciplinary GE courses may be placed in two categories plus the UDIGE category.**

C3b (Fine Arts, Literature, Languages & Cultures)

E (Human Psychological & Physiological Perspectives)

**Lab Included? Yes \_\_\_ No X**

**Please provide a brief explanation of how the proposed course meets each of the criteria for the selected**

**General Education categories.**

This course seeks to understand the major currents of traditional Asian thought (philosophy, religion, society) from the viewpoint of Western depth psychology and vice versus. To satisfy category C3b similarities and approaches to the understanding of human nature across different Asian societies and cultures will be considered. To satisfy category E Western psychological perspectives will be explored and these related to traditional Asian systems of thought. Experiential exercises related to mental development from both Eastern and Western traditions will also be introduced.

To satisfy the Upper Division Interdisciplinary category the course students will be required to complete written work.

Learning Objectives:

Use psychological theory to understand interpersonal, group, and religious behavior in traditional Asian cultures

Explain traditional Asian systems of philosophy and religion using different psychological theories or models

Compare and contrast Western and Eastern perspectives on philosophical and psychological problems.

Students will gain an understanding of themselves and their values relative to traditional Asian cultural contexts.

Use psychological theory to provide insight and understanding of their own behavior