1. Catalog Description of the Course. [Follow accepted catalog format.]

Prefix PSY  Course# 357  Title PSYCHOLOGY OF FAMILIES  Units (3)
3 hours  lecture per week
☐ Prerequisites
☐ Corequisites
Description  A study of the dynamics of the family as a social system, with emphasis on recent research regarding processes of family change, dissolution, disorganization and reorganization. Traces the historical development of the modern family; role expectations of husbands, wives, parents and children; examines family diversity with respect to ethnicity/race, sexuality, and income.

☐ Graded
☐ Gen Ed  ☐ CR/NC
☐ Repeatable for up to    units
☐ Lab Fee Required  ☒ A - Z
☐ Total Completions Allowed

2. Mode of Instruction.

<table>
<thead>
<tr>
<th>Component</th>
<th>Units</th>
<th>Hours per Unit</th>
<th>Benchmark Enrollment</th>
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<tbody>
<tr>
<td>Lecture</td>
<td>3</td>
<td>1</td>
<td>25</td>
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<tr>
<td>Seminar</td>
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<td>Laboratory</td>
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<td>Activity</td>
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3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]

This is an elective course for the Psychology program. This course does not meet the University Writing and/or Language Requirements.

Learning Objectives:
Upon completion of this course, the student will be able to:
1. Assess the dynamics of relationships in families from the various theoretical perspectives.
2. Examine issues and problems arising in the study of relationships in families.
3. Demonstrate knowledge of family psychology and distinguish it from related fields.
4. Describe the diversity in families and the challenges they face.
5. Illustrate how family psychology is relevant to policy debates in the public arena.
6. Analyze individual behavior within the context of the larger family system.
7. Explore the stages of family development and generational relationships.
8. Analyze the family in crisis and transition.
4. Is this a General Education Course  YES ☑️  NO ☐
If Yes, indicate GE category and attach GE Criteria Form:

A (English Language, Communication, Critical Thinking)
A-1 Oral Communication ☐
A-2 English Writing ☐
A-3 Critical Thinking ☐

B (Mathematics, Sciences & Technology)
B-1 Physical Sciences ☐
B-2 Life Sciences – Biology ☐
B-3 Mathematics – Mathematics and Applications ☐
B-4 Computers and Information Technology ☐

C (Fine Arts, Literature, Languages & Cultures)
C-1 Art ☐
C-2 Literature Courses ☐
C-3a Language ☐
C-3b Multicultural ☐

D (Social Perspectives) ☐

E (Human Psychological and Physiological Perspectives) ☐

UD Interdisciplinary ☐

5. Course Content in Outline Form.  [Be as brief as possible, but use as much space as necessary]

5/25/2004 cp
1. Theoretical and Methodological Perspectives in Family Theory
2. Comparative Perspectives on Families
3. Patterns of Family Diversity and Adaptation
4. Ethnicity and Family Structure and Patterns
5. Effects of the Economy and Economic Inequalities on Families
6. Family Developmental Stages
7. Spousal and Partner Relationships
8. The Parent-Child Relationship and Parenting
9. Sibling Relationships and Situations
10. Family Dynamics and Emotional, Behavioral, and Delinquency Problems

Does this course overlap a course offered in your academic program? YES ☐ NO ☒
If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area? YES ☐ NO ☒
If YES, what course(s) and provide a justification of the overlap?
Signature of Academic Chair of the other academic area is required on the consultation sheet below.

6. Cross-listed Courses (Please fill out separate form for each PREFIX)
   List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the consultation sheet below

Department responsible for staffing:

7. References. [Provide 3 - 5 references on which this course is based and/or support it.]


8. **List Faculty Qualified to Teach This Course.**

   Psychology faculty

9. **Frequency.**
   a. Projected semesters to be offered: Fall ☒ Spring ☒ Summer ☐

10. **New Resources Required.** YES ☐ NO ☒
   If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.
   a. Computer (data processing), audio visual, broadcasting needs, other equipment)
   b. Library needs
   c. Facility/space needs

11. **Will this new course alter any degree, credential, certificate, or minor in your program?** YES ☐ NO ☒
   If YES attach a program modification form for all programs affected.
Approvals

______________________________
Program Chair     Date

______________________________
Curriculum Committee Chair   Date

______________________________
Dean       Date