CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS
NEW COURSE PROPOSAL

DATE  10 APRIL 2006
PROGRAM AREA   PSYCHOLOGY

1. Catalog Description of the Course. [Follow accepted catalog format.]

Prefix PSY Course# 460 Title Addiction Studies Units (3)
3 hours lecture per week
- Prerequisites PSY 100, PSY 217, and PSY 313
- Corequisites

Description Focuses on the influence of addictive disorders on individuals, family and society. Applies a multidisciplinary analytical framework. Topics include theories of addiction, pharmacology of drug use, assessment, family and community responses, treatment interventions, and policy issues related to societal responses to and treatment of addictions.

Gen Ed Categories
CR/NC Repeatable for up to units

Lab Fee Required
A - F Total Completions Allowed
Optional (Student’s choice) Multiple Enrollment in same semester

2. Mode of Instruction.

<table>
<thead>
<tr>
<th>Lecture</th>
<th>Units</th>
<th>Hours per Unit</th>
<th>Benchmark Enrollment</th>
<th>Graded Component</th>
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<td></td>
<td>3</td>
<td>1</td>
<td>25</td>
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3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]

This is an elective course in the Psychology program. It will not meet University language or writing requirements. This course will provide participants with an introduction to the pharmacology of drug use, addiction theory, screening and assessment, and basic types of intervention.

After successful completion of this course, the student will be able to:

1. Analyze and compare the major theoretical models of addiction.
2. Describe the pharmacology of substance use.
3. Identify the historical and socio-cultural aspects of use and abuse and treatment efforts for alcoholism and drug addiction in this country.
4. Explain the biological, psychological, environmental and social factors that lead to vulnerability to addictions.
5. Describe various assessment models of addiction.
6. Describe the biopsychosocial model and the appropriate intervention strategies based on this model.
7. Describe addictions from a public health perspective and enumerate the major social policy options for the prevention and treatment of addictions.

4. Is this a General Education Course YES ☐ NO ☒

If Yes, indicate GE category and attach GE Criteria Form:

A (English Language, Communication, Critical Thinking)
- A-1 Oral Communication
- A-2 English Writing
- A-3 Critical Thinking

B (Mathematics, Sciences & Technology)
5. Course Content in Outline Form.  *Be as brief as possible, but use as much space as necessary*

The multiple conceptions of addictive behavior and clinical practice
The basic biopsychosocial models of addiction
Basic psychopharmacological models of drug use and effect
Basic chemical dependency: Uppers, downers, and all arounders
Basic compulsive behaviors: Gambling, sexual addiction, eating disorders, compulsive buying, and workaholism
The disease models
Psychoanalytic formulations
Conditioning models and approaches to contingency management
Cognitive models
The family system
Social and cultural foundations
Conditions that facilitate and inhibit change in addictive behavior
Screening and assessment issues

Does this course overlap a course offered in your academic program?  YES ☐ NO ☒
If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area?  YES ☐ NO ☒
If YES, what course(s) and provide a justification of the overlap?
Signature of Academic Chair(s) of the other academic area(s) is required on the signature sheet below.

6. Cross-listed Courses (Please fill out separate form for each PREFIX)
List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the signature sheet below.

Department responsible for staffing:

7. References.  *Provide 3 - 5 references on which this course is based and/or support it.*


8. List Faculty Qualified to Teach This Course.

Psychology faculty


10.11.05 km2
10. New Resources Required. YES ☐ NO ☒
   If YES, list the resources needed and obtain signatures from the appropriate programs/units on the sheet below.
   a. Computer (data processing), audio visual, broadcasting needs, other equipment
   b. Library needs
   c. Facility/space needs

11. Will this new course alter any degree, credential, certificate, or minor in your program? YES ☐ NO ☒
   If, YES attach a program modification form for all programs affected.

Harley Baker 10 April 2006
Proposer of Course Date
# Approval Sheet

**Program/Course:** PSY 460

<table>
<thead>
<tr>
<th>Chair/Committee</th>
<th>Date</th>
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<tbody>
<tr>
<td>Program Chair(s)</td>
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<td>General Education Chair(s)</td>
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<td>Curriculum Committee Chair(s)</td>
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<td>Dean of Faculty</td>
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