

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

COURSE MODIFICATION PROPOSAL

Courses must be submitted by October 15, 2012, and finalized by the end of the fall semester to make the next catalog (2013-14) production

DATE (CHANGE DATE EACH TIME REVISED): OCTOBER 15TH, 2012; REV 11.2.12; REV 12.10.12

PROGRAM AREA(S): **PSYCHOLOGY**

Directions: All of sections of this form must be completed for course modifications. Use **YELLOWED** areas to enter data. All documents are stand alone sources of course information.

1. Indicate Changes and Justification for Each. [Mark all change areas that apply and follow with justification. Be as brief as possible but, use as much space as necessary.]

- | | |
|---|---|
| <input type="checkbox"/> Course title | <input type="checkbox"/> Course Content |
| <input type="checkbox"/> Prefix/suffix | <input type="checkbox"/> Course Learning Outcomes |
| <input type="checkbox"/> Course number | <input type="checkbox"/> References |
| <input type="checkbox"/> Units | <input type="checkbox"/> GE |
| <input type="checkbox"/> Staffing formula and enrollment limits | <input type="checkbox"/> Other <input type="checkbox"/> |
| <input checked="" type="checkbox"/> Prerequisites/Corequisites | <input type="checkbox"/> Reactivate Course |
| <input type="checkbox"/> Catalog description | |
| <input checked="" type="checkbox"/> Mode of Instruction | |

Justification: Need to update prereq 217 to 317; also deleted one learning outcome

2. Course Information.

[Follow accepted catalog format.] (Add additional prefixes if cross-listed)

OLD

Prefix PSY Course# 370
 Title Fundamentals of Counseling Theory (**3**)
3 hours lecture per week
 hours blank per week
 Prerequisites: Psy 100, 213, 217
 Consent of Instructor Required for Enrollment
 Corequisites: ☐

Catalog Description (Do not use any symbols):

Overview of selected counseling theories and models used in private practice, school, and community settings. Focus is on relating theory to practice, counselor-client relationships, counseling in a culturally diverse society, case studies, methods of adult and child assessment, and professional ethics.

NEW

Prefix PSY Course# 370
 Title Fundamentals of Counseling Theory Units (3)
 3 hours lecture per week
 hours blank per week
 Prerequisites: Psy 100, 213, **317**
 Consent of Instructor Required for Enrollment
 Corequisites: ☐

Catalog Description (Do not use any symbols):

Overview of selected counseling theories and models used in private practice, school, and community settings. Focus is on relating theory to practice, counselor-client relationships, counseling in a culturally diverse society, case studies, methods of adult and child assessment, and professional ethics.

General Education Categories: ☐
 Grading Scheme (Select one below):
☒ A – F
☐ Credit/No Credit
☐ Optional (Student's Choice)

Repeatable for up to ☐ units
 Total Completions ☐
 Multiple Enrollment in Same Semester Y/N ☐

Course Level:
☒ Undergraduate
☐ Post-Baccalaureate
☐ Graduate

General Education Categories: ☐
 Grading Scheme (Select one below):
☒ A – F
☐ Credit/No Credit
☐ Optional (Student's Choice)

Repeatable for up to ☐ units
 Total Completions ☐
 Multiple Enrollment in Same Semester Y/N ☐

Course Level:
☒ Undergraduate
☐ Post-Baccalaureate
☐ Graduate

3. Mode of Instruction (Hours per Unit are defaulted)

Hegis Code(s) _____
(Provided by the Dean)

Existing

Proposed

	Units	Hours Per Unit	Benchmark Enrollment	Graded		Units	Hours Per Unit	Benchmark Enrollment	Graded	CS No. (filled out by Dean)
Lecture	<u>3</u>	<u>1</u>	<u>30</u>	x	Lecture	<u>3</u>	<u>1</u>	<u>25</u>	x	x
Seminar		<u>1</u>			Seminar		<u>1</u>			
Lab		<u>3</u>			Lab		<u>3</u>			
Activity		<u>2</u>			Activity		<u>2</u>			
Field Studies					Field Studies					
Indep Study					Indep Study					
Other blank					Other blank					
Online					Online					

4. Course Attributes:

General Education Categories: All courses with GE category notations (including deletions) must be submitted to the GE website: <http://summit.csuci.edu/geapproval>. Upon completion, the GE Committee will forward your documents to the Curriculum Committee for further processing.

A (English Language, Communication, Critical Thinking)

- A-1 Oral Communication
- A-2 English Writing
- A-3 Critical Thinking

B (Mathematics, Sciences & Technology)

- B-1 Physical Sciences
- B-2 Life Sciences – Biology
- B-3 Mathematics – Mathematics and Applications
- B-4 Computers and Information Technology

C (Fine Arts, Literature, Languages & Cultures)

- C-1 Art
- C-2 Literature Courses
- C-3a Language
- C-3b Multicultural

D (Social Perspectives)

E (Human Psychological and Physiological Perspectives)

UDIGE/INTD Interdisciplinary

Meets University Writing Requirement

Meets University Language Requirement

American Institutions, Title V Section 40404: Government US Constitution US History
Refer to website, Exec Order 405, for more information: <http://senate.csuci.edu/comm/curriculum/resources.htm>

Service Learning Course (Approval from the Center for Community Engagement must be received before you can request this course attribute).

Online Course (Answer YES if the course is ALWAYS delivered online).

5. Justification and Requirements for the Course. *[Make a brief statement to justify the need for the course]*

OLD

This is an elective course for Psychology. It does not meet the University Writing and/or Language Requirement.

Requirement for the Major/Minor

x Elective for the Major/Minor

☐ Free Elective

NEW

This is an elective course for Psychology. It does not meet the University Writing and/or Language Requirement.

Requirement for the Major/Minor

x Elective for the Major/Minor

☐ Free Elective

Submit Program Modification if this course changes your program.

6. Student Learning Outcomes. (List in numerical order. Please refer to the Curriculum Committee's "Learning Outcomes" guideline for measurable outcomes that reflect elements of Bloom's Taxonomy: <http://senate.csuci.edu/comm/curriculum/resources.htm>. The committee recommends 4 to 8 student learning outcomes, unless governed by an external agency (e.g., Nursing).

Upon completion of the course, the student will be able to:

OLD

1. Compare and contrast the key concepts, techniques, therapeutic goals, and for selected counseling theories
2. Apply these theories to selected case studies of clients in different settings
3. Describe the counseling process and be able to differentiate counseling from advice-giving
4. Describe effective counseling techniques
5. Articulate the relationship between one's personal values, beliefs, and behaviors and the role of the professional counselor
6. Recognize common ethical issues that arise in counseling practice
7. Demonstrate knowledge of professional ethics and obligations
8. Describe personal characteristics, including strengths and weaknesses that influence counseling effectiveness
9. Describe the assessment process

Upon completion of the course, the student will be able to:

NEW

1. Compare and contrast the key concepts, techniques, therapeutic goals, and for selected counseling theories
2. Apply these theories to selected case studies of clients in different settings
3. Describe the counseling process and be able to differentiate counseling from advice-giving
4. Define effective counseling techniques
5. Articulate the relationship between one's personal values, beliefs, and behaviors and the role of the professional counselor
6. Recognize common ethical issues that arise in counseling practice
7. Demonstrate knowledge of professional ethics and obligations
8. Describe personal characteristics, including strengths and weaknesses that influence counseling effectiveness
- ~~9. Describe the assessment process~~

7. Course Content in Outline Form. (Be as brief as possible, but use as much space as necessary)

OLD

Introduction and overview
The science and profession of counseling psychology
Competent counseling in a culturally diverse society
The therapeutic relationship
The counselor: Person and professional
The counselor's response to the client: Tactics and techniques of counseling
Ethical issues in counseling
The role of assessment in the therapeutic relationship
An integrative perspective
Psychoanalytic approaches
Existential and gestalt approaches
Person-centered approaches
Behavior approaches
Cognitive-behavior approaches
Rational-emotive approaches
Feminist and postmodern approaches
Family systems approaches

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Introduction and overview
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Behavior approaches
Cognitive-behavior approaches
Rational-emotive approaches
Feminist and postmodern approaches
Family systems approaches

Does this course content overlap with a course offered in your academic program? Yes ☐ No x

If YES, what course(s) and provide a justification of the overlap. ☐

Does this course content overlap a course offered in another academic area? Yes ☐ No ☒

If YES, what course(s) and provide a justification of the overlap. ☐

Overlapping courses require Chairs' signatures.

8. Cross-listed Courses (Please note each prefix in item No. 1)

- A. List cross-listed courses (Signature of Academic Chair(s) of the other academic area(s) is required).
- B. List each cross-listed prefix for the course: ☐
- C. Program responsible for staffing: ☐

9. References. [Provide 3-5 references]

OLD

Corey, M.A., & Corey, G. (2003). *Becoming a helper* (4th ed.). Pacific Grove, CA: Brooks/Cole.
Kottler, J.A., & Brown, R.W. (2000). *Introduction to therapeutic counseling* (4th ed.). Pacific Grove, CA: Brooks/Cole.
Martin D.E. (2002). *Counseling and therapy skills* (2nd ed.). Prospect Heights, IL: Waveland Press.
Meier, S.T., & Davis, S.R. (2001). *The elements of counseling* (4th ed.). Pacific Grove, CA: Brooks/Cole.
Corsini, R., & Wedding, D. (2005). *Current psychotherapies* (7th ed.). Belmont, CA: FE Peacock.
James, K., & Gilliland, B. (2003). *Theories and strategies in counseling and psychotherapy* (5th ed.). Boston: Allyn & Bacon.

NEW

Corey, M.A., & Corey, G. (2003). *Becoming a helper* (4th ed.). Pacific Grove, CA: Brooks/Cole.
Kottler, J.A., & Brown, R.W. (2000). *Introduction to therapeutic counseling* (4th ed.). Pacific Grove, CA: Brooks/Cole.
Martin D.E. (2002). *Counseling and therapy skills* (2nd ed.). Prospect Heights, IL: Waveland Press.
Meier, S.T., & Davis, S.R. (2001). *The elements of counseling* (4th ed.). Pacific Grove, CA: Brooks/Cole.
Corsini, R., & Wedding, D. (2005). *Current psychotherapies* (7th ed.). Belmont, CA: FE Peacock.
James, K., & Gilliland, B. (2003). *Theories and strategies in counseling and psychotherapy* (5th ed.). Boston: Allyn & Bacon.

10. Tenure Track Faculty qualified to teach this course.

Michelle Moon, Kevin Volkan, Kimmy Kee-Rose

11. Requested Effective Date or First Semester offered: ☐

12. New Resource Requested: Yes ☐ No ☒

If YES, list the resources needed.

A. Computer Needs (data processing, audio visual, broadcasting, other equipment, etc.) ☐

B. Library Needs (streaming media, video hosting, databases, exhibit space, etc.) ☐

C. Facility/Space/Transportation Needs: ☐

D. Lab Fee Requested: Yes ☐ No ☐ (Refer to the Dean's Office for additional processing)

E. Other. ☐

13. Will this course modification alter any degree, credential, certificate, or minor in your program? Yes ☐ No ☒

If, YES attach a program update or program modification form for all programs affected.

Priority deadline for New Minors and Programs: **October 1, 2012** of preceding year.

Priority deadline for Course Proposals and Modifications: **October 15, 2012.**

Last day to submit forms to be considered during the current academic year: **April 15th.**

Virgil H. Adams III

October 15, 2012

Proposer(s) of Course Modification

Date

Type in name. Signatures will be collected after Curriculum approval.

Approval Sheet

Course: [REDACTED]

If your course has a General Education Component or involves Center affiliation, the Center will also sign off during the approval process.

Multiple Chair fields are available for cross-listed courses.

The CI program review process includes a report from the respective department/program on its progress toward accessibility requirement compliance. By signing below, I acknowledge the importance of incorporating accessibility in course design.

Program Chair		
Signature		Date
Program Chair		
Signature		Date
Program Chair		
Signature		Date
General Education Chair		
Signature		Date
Center for Intl Affairs Director		
Signature		Date
Center for Integrative Studies Director		
Signature		Date
Center for Multicultural Engagement Director		
Signature		Date
Center for Civic Engagement and Service Learning Director		
Signature		Date
Curriculum Chair		
Signature		Date
AVP		
Signature		Date