

NEW COURSE PROPOSAL

PROGRAM AREA: LIBERAL STUDIES

- 1. Catalog Description of the Course.** *[Include the course prefix, number, full title, and units. Provide a course narrative including prerequisites and corequisites. If any of the following apply, include in the description: Repeatability (May be repeated to a maximum of ___ units); time distribution (Lecture ___ hours, laboratory ___ hours); non-traditional grading system (Graded CR/NC, ABC/NC). Follow accepted catalog format.]*

HLTH 322. HEALTH ISSUES IN EDUCATION (2)

Two hours of lecture per week.

Survey of school health programs with in-depth study of selected health education curricula and topic areas, including alcohol, tobacco, drugs, communicable diseases and nutrition. Development of strategies and methods for teaching controversial areas.

GenEd-ID: E

- 2. Mode of Instruction.**

	Units	Hours per Unit	Benchmark Enrollment
Lecture	2	1	30
Seminar			
Laboratory			
Activity			

- 3. Justification and Learning Objectives for the Course.** (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) *[Use as much space as necessary]*

Required for Liberal Studies Option 2

Upon completion of this course, students should be able to:

- Recognize conditions that effect a child's health, and their ability to learn in the classroom
- Provide quality and age appropriate instruction to children and adolescents on health related topics, including prevention education
- Recognize age appropriate health activities for children and adolescents
- Identify factors and issues regarding child abuse and neglect
- Identify members of educational team available to support health education for classroom, as well as individuals
- Provide support to families of children on health related topics

- 4. Is this a General Education Course**

YES

NO

If Yes, indicate GE category:

A (English Language, Communication, Critical Thinking)	
B (Mathematics & Sciences)	
C (Fine Arts, Literature, Languages & Cultures)	
D (Social Perspectives)	
E (Human Psychological and Physiological Perspectives)	X

5. Course Content in Outline Form. *[Be as brief as possible, but use as much space as necessary]*

- A. Interrelationship of health, safety and nutrition
 - 1. Effects on learning conditions and behaviors
 - 2. Potential distractions from learning
 - a. chronic illness in the classroom
 - b. medications in the classroom
 - c. other "special needs" in the classroom
- B. Health for children and adolescents
 - 1. Promote good health
 - 2. Health assessments
 - 3. Conditions affecting children's health
 - 4. Prevention education of drugs, alcohol, tobacco, and communicable diseases
 - 5. Strategies for teaching and promoting good health
 - 6. Methods for working with children and their families on health related topics
- C. Safety for children and adolescents
 - 1. Creating safe environments
 - 2. Safety management
 - 3. Child abuse and neglect
 - 4. Incorporating safety education experiences for children and adolescents
- D. Nutrition for children and adolescents
 - 1. Understanding of nutrition basics
 - 2. Nutrition dangers in childhood and adolescence

6. References. *[Provide 3 - 5 references on which this course is based and/or support it.]*

Marotz, L., Cross, M., & Rush, J. (2001). *Health, Safety & Nutrition for Young Children*, 5th Edition, Delmar.
Telljohann, S., Symons, C., & Miller, D. (2001). *Health Education in the Elementary and Middle School*, 3rd Edition, McGraw Hill
Vaughn, S., Bos, C., & Schumm, J. (1997) *Teaching Mainstreamed, Diverse and At-Risk Students in the General Education Classroom*, Allyn & Bacon

7. List Faculty Qualified to Teach This Course.

Faculty

8. Frequency.

a. Projected semesters to be offered: Fall X Spring X Summer

9. New Resources Required.

Audio/Video equipment necessary for course, but may already be available on campus.

10. Consultation.

Attach consultation sheet from all program areas, Library, and others (if necessary)

11. If this new course will alter any degree, credential, certificate, or minor in your program, attach a program modification.

N/A

Philip Hampton

1/8/03

Proposer of Course

Date