

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

NEW COURSE PROPOSAL

DATE NOVEMBER 8, 2005
 PROGRAM AREA NURSING

1. Catalog Description of the Course. *[Follow accepted catalog format.]*

Prefix NRS Course# 240 Title PSYCHIATRIC AND MENTAL HELATH NURSING Units (3)
 3 hours lecture per week

- Prerequisites Admission to clinical nursing program
- Corequisites NRS 200, NRS 201, NRS 203 and NRS 241

Description Presents theories and concepts related to the care of individuals who require nursing interventions to achieve and maintain mental health. Focuses on use of self-therapeutic communication, and nursing process.

- Graded
 Gen Ed CR/NC Repeatable for up to units
 Categories
 Lab Fee Required A - Z Total Completions Allowed 1

2. Mode of Instruction.

	Units	Hours per Unit	Benchmark Enrollment	Graded Component	CS # (filled in by Dean)
Lecture	3	1	40-50	<input checked="" type="checkbox"/>	_____
Seminar	_____	_____	_____	<input type="checkbox"/>	_____
Laboratory	_____	_____	_____	<input type="checkbox"/>	_____
Activity	_____	_____	_____	<input type="checkbox"/>	_____

3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) *[Use as much space as necessary]*

Required lower division course in the generic baccalaureate nursing program. Content required by the Board of Registered Nursing for licensure as a Registered Nurse. Students will be able to:

1. Define theories of mental health and illness.
2. Describe common acute and chronic psychiatric disorders, related behaviors, and appropriate nursing interventions.
3. Explain therapeutic use of self and therapeutic communication tools in the care of individuals displaying mental health deviations.
4. Discuss the application of the nursing process within the Neuman Systems Model for patients with mental health deviations.
5. Determine socio-cultural, environmental, physical, ethnic, and religious variables related to behavioral disorders that influence patients and families.

4. Is this a General Education Course YES NO

If Yes, indicate GE category and attach GE Criteria Form:

- A (English Language, Communication, Critical Thinking)**
- A-1 Oral Communication
- A-2 English Writing
- A-3 Critical Thinking
- B (Mathematics, Sciences & Technology)**
- B-1 Physical Sciences
- B-2 Life Sciences – Biology
- B-3 Mathematics – Mathematics and Applications
- B-4 Computers and Information Technology
- C (Fine Arts, Literature, Languages & Cultures)**
- C-1 Art
- C-2 Literature Courses
- C-3a Language
- C-3b Multicultural
- D (Social Perspectives)**
- E (Human Psychological and Physiological Perspectives)**

UD Interdisciplinary

5. Course Content in Outline Form. *[Be as brief as possible, but use as much space as necessary]*

- I. Biological and pharmacological aspects of psychiatric care.
- II. Relevant theories and therapies
- III. Therapeutic relationships
- IV. Nursing implications for patients and families experiencing: Affective disorders; psychosis; substance abuse; personality disorders; eating disorders
- V. Stress/crisis
- VI. Suicide
- VII. Anger, aggression, and violence
- VIII. Grief and Loss
- VIII. Mental health and illness across the lifespan
- IX. Community mental health

Does this course overlap a course offered in your academic program? YES NO
If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area? YES NO
If YES, what course(s) and provide a justification of the overlap?

Signature of Academic Chair of the other academic area is required on the consultation sheet below.

6. Cross-listed Courses (Please fill out separate form for each PREFIX)

List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the consultation sheet below

Department responsible for staffing:

7. References. *[Provide 3 - 5 references on which this course is based and/or support it.]*

Kneisl, C.R., Wilson, H.S., & Trigoboff, E. (2004). Contemporary Psychiatric-Mental Health Nursing. New Jersey: Prentice Hall.

Fortinash, K.M. & Holody-Worret, P.A. (2004). Psychiatric Mental Health Nursing. Philadelphia: Lippincott, Williams and Wilkins

Mohr, W.K. (2003). Johnson's Psychiatric-Mental Health Nursing. Philadelphia: Lippincott Williams and Wilkins.

Riley, J.B. (2000) Communication in Nursing. St. Louis: Mosby.

8. List Faculty Qualified to Teach This Course.

Nursing Faculty

9. Frequency.

a. Projected semesters to be offered: Fall Spring Summer

10. New Resources Required. YES NO

If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.

a. Computer (data processing), audio visual, broadcasting needs, other equipment)

- b. Library needs
Subscription to Journal of Psychiatric Nursing

- c. Facility/space needs

11. Will this new course alter any degree, credential, certificate, or minor in your program? YES NO
If, YES attach a program modification form for all programs affected.

Barbara Thorpe
Proposer of Course

11/1/05
Date

