

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

NEW COURSE PROPOSAL

DATE: NOVEMBER 8, 2005

PROGRAM AREA NURSING

1. Catalog Description of the Course. *[Follow accepted catalog format.]*

Prefix NRS Course# 241 Title PSYCHIATRIC AND MENTAL HELATH NURSING LABORATORY Units (2)
6 hours lab per week

Prerequisites Admission to clinical nursing program

Corequisites NRS 200, NRS 201, NRS 203 and NRS 240

Description Provides opportunities to incorporate therapeutic modalities with individuals experiencing anxiety, crisis, depression, and dysfunctional interpersonal relationships. Focuses on promotion of mental health from the system-based perspective in diverse clinical settings.

<input type="checkbox"/> Gen Ed	Graded <input type="checkbox"/> CR/NC	<input type="checkbox"/> Repeatable for up to units
Categories <input type="checkbox"/> Lab Fee Required	<input checked="" type="checkbox"/> A - Z	Total Completions Allowed 1

2. Mode of Instruction.

	Units	Hours per Unit	Benchmark Enrollment	Graded Component	CS # <small>(filled in by Dean)</small>
Lecture	_____	_____	_____	<input type="checkbox"/>	_____
Seminar	_____	_____	_____	<input type="checkbox"/>	_____
Laboratory	2	3	11	<input checked="" type="checkbox"/>	_____
Activity	_____	_____	_____	<input type="checkbox"/>	_____

3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) *[Use as much space as necessary]*

Required lower division course in the generic baccalaureate nursing program. Content required by the Board of Registered Nursing for licensure as a Registered Nurse. Students will be able to:

1. Use the Neuman Systems Model and the nursing process in providing therapeutic nursing care to acute and chronic psychiatric patients in a variety of settings.
2. Demonstrate therapeutic use of self and effective therapeutic communication with individuals and or families displaying stress and reactions to stress.
3. Apply principles of health promotion with emphasis on developmental, religious, environmental, socio-cultural, ethnic and community variables.

4. Is this a General Education Course YES NO
If Yes, indicate GE category and attach GE Criteria Form:

- A (English Language, Communication, Critical Thinking)**
- A-1 Oral Communication
- A-2 English Writing
- A-3 Critical Thinking
- B (Mathematics, Sciences & Technology)**
- B-1 Physical Sciences
- B-2 Life Sciences – Biology
- B-3 Mathematics – Mathematics and Applications
- B-4 Computers and Information Technology
- C (Fine Arts, Literature, Languages & Cultures)**
- C-1 Art
- C-2 Literature Courses
- C-3a Language
- C-3b Multicultural
- D (Social Perspectives)**

E (Human Psychological and Physiological Perspectives)
UD Interdisciplinary

5. Course Content in Outline Form. *[Be as brief as possible, but use as much space as necessary]*

- I. Neuman Systems Model and application of the nursing process to patients with various psychiatric disorders: Affective disorders; psychosis; substance abuse; personality disorders; eating disorders
- II. Therapeutic use of self
- III. Therapeutic communication
- IV. Lifespan issues and interventions
- V. Crisis intervention
- VI. Suicide prevention and intervention
- VII. Anger management
- IX. Grief and loss

Does this course overlap a course offered in your academic program? YES NO

If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area? YES NO

If YES, what course(s) and provide a justification of the overlap?

Signature of Academic Chair of the other academic area is required on the consultation sheet below.

6. Cross-listed Courses (Please fill out separate form for each PREFIX)

List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the consultation sheet below

Department responsible for staffing:

7. References. *[Provide 3 - 5 references on which this course is based and/or support it.]*

Kneisl, C.R., Wilson, H.S., & Trigoboff, E. (2004). Contemporary Psychiatric-Mental Health Nursing. New Jersey: Prentice Hall.

Fortinash, K.M. & Holody-Worret, P.A. (2004). Psychiatric Mental Health Nursing. Philadelphia: Lippincott, Williams and Wilkins

Mohr, W.K. (2003). Johnson's Psychiatric-Mental Health Nursing. Philadelphia: Lippincott Williams and Wilkins.

8. List Faculty Qualified to Teach This Course.

Nursing Faculty

9. Frequency.

a. Projected semesters to be offered: Fall Spring Summer

10. New Resources Required. YES NO

If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.

a. Computer (data processing), audio visual, broadcasting needs, other equipment)

b. Library needs

c. Facility/space needs

11. Will this new course alter any degree, credential, certificate, or minor in your program? YES NO
If, YES attach a program modification form for all programs affected.

Barbara Thorpe
Proposer of Course

11.1.05
Date

Approvals

Program Chair

Date

Curriculum Committee Chair

Date

Dean

Date