

**CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS**

**NEW COURSE PROPOSAL**

DATE NOVEMBER 10, 2005  
 PROGRAM AREA NURSING

**1. Catalog Description of the Course.** *[Follow accepted catalog format.]*

Prefix NRS Course# 420 Title NURSING CARE OF THE COMPLEX CLIENT ACROSS THE CONTINUUM  
 Units (3)

3 hours lecture per week

Prerequisites NRS 222, NRS 223 and NRS 300

Corequisites NRS 421

Description Principles of nursing care delivery for patients and families experiencing more complex medical-surgical health care problems. Development of skills in managing the care of patients in the acute care setting and/or in the community in order to maintain maximum levels of function, manage symptoms, and increase quality of life. Focuses on nursing case management models, roles and strategies used for managing high-risk client populations and for providing comprehensive care coordination, brokerage, monitoring, discharge planning, client/family advocacy, and nursing interventions.

Gen Ed  CR/NC  Repeatable for up to \_\_\_\_\_ units  
 Categories  
 Lab Fee Required  A - Z Total Completions Allowed 1

**2. Mode of Instruction.**

	Units	Hours per Unit	Benchmark Enrollment	Graded Component	CS # (filled in by Dean)
Lecture	3	1	40-50	<input checked="" type="checkbox"/>	_____
Seminar	_____	_____	_____	<input type="checkbox"/>	_____
Laboratory	_____	_____	_____	<input type="checkbox"/>	_____
Activity	_____	_____	_____	<input type="checkbox"/>	_____

**3. Justification and Learning Objectives for the Course.** (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) *[Use as much space as necessary]*

This content is considered essential to professional nursing practice and is recommended as part of any baccalaureate program seeking accreditation through The Commission on Collegiate Nursing Education (CCNE), the free standing accreditation agency of the American Association of Colleges of Nursing (AACN).

Students will be able to:

1. Define specific vulnerable populations in the acute care and the community based settings and identify issues of access to care and utilization of health care services.
2. Compare and contrast chronic disease illness to acute disease illness in terms of the usual trajectory, impact on social, personal relationship and work roles of the patient and family.
3. Define the main concepts in hospital based and community based nurse case management models and the key nursing case management strategies within each.
4. Discuss the key steps in establishing a patient/family/nurse case management relationship and the process in implementing the goals.
5. Develop a definition of quality of life and essential factors related to quality
6. Choose an acute or chronic condition and develop comprehensive discussion of the illness including:
  - a. Pathophysiology
  - b. Presenting signs and symptoms
  - c. Etiology and contributing factors
  - d. Sequelae and progression
  - e. Goals of nursing management

4. Is this a General Education Course                      YES                       NO   
If Yes, indicate GE category and attach GE Criteria Form:

- A (English Language, Communication, Critical Thinking)**
- A-1 Oral Communication
- A-2 English Writing
- A-3 Critical Thinking
- B (Mathematics, Sciences & Technology)**
- B-1 Physical Sciences
- B-2 Life Sciences – Biology
- B-3 Mathematics – Mathematics and Applications
- B-4 Computers and Information Technology
- C (Fine Arts, Literature, Languages & Cultures)**
- C-1 Art
- C-2 Literature Courses
- C-3a Language
- C-3b Multicultural
- D (Social Perspectives)**
- E (Human Psychological and Physiological Perspectives)**
- UD Interdisciplinary**

5. Course Content in Outline Form. *[Be as brief as possible, but use as much space as necessary]*

- I. Vulnerable populations
  - A. Definition of vulnerability
  - B. Identification of vulnerability populations
  - C. Factors leading to and increasing population vulnerability
  - D. Access to care issues for vulnerability populations
- II. Acute and Chronic Illness
  - A. Impact of acute and chronic illness on the patient and family
  - B. Illness trajectory
  - C. Impact of chronicity illness role and on social, personal relationship and work roles
  - D. Quality of life issues
  - E. Financial factors of chronic illness driving health care system
  - F. Overview of common acute and chronic diseases by system
- III. Managed care and nursing case management models
  - A. Development of current managed care practice models
  - B. Origins of nursing case management
  - C. Characteristics of effective case managers
  - D. Nursing case management roles
  - E. Nursing case management strategies
- IV. Hospital-based (acute care) nursing case management
  - A. Identification of appropriate case management populations
  - B. Focus of management
  - C. Outcome-specific goal planning, implementation and evaluation
  - D. Cost containment issues
- V. Beyond-the-walls (Community based) nursing case management
  - A. Identification of appropriate case management populations
  - B. Focus of management
  - C. Outcome-specific goal planning, implementation and evaluation
  - D. Cost containment issues
- VI. Quality of care
  - A. Definition of quality
  - B. Current quality measures
  - C. Continuous quality improvement process

Does this course overlap a course offered in your academic program? YES  NO

If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area? YES  NO

If YES, what course(s) and provide a justification of the overlap?

Signature of Academic Chair of the other academic area is required on the consultation sheet below.

**6. Cross-listed Courses (Please fill out separate form for each PREFIX)**

List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the consultation sheet below

Department responsible for staffing:

**7. References.** *[Provide 3 - 5 references on which this course is based and/or support it.]*

Aday, L. (2001). At risk in America: The health care needs of vulnerable populations in the United States San Francisco: Jossey-Bass Publishers.

Neal, L. J. & Guillet, S. E. (2004). Care of the adult with a chronic illness or disability. St Louis: Elsevier Mosby.

Cohen, E. L. & Cesta, T. G. (Eds.) (2001). Nursing case management: From essentials to advanced practice applications (3rd ed.). St. Louis; Mosby.

Lubkin, I. M., & Larson, P. D. (2002) Chronic illness; Impact and interventions (5th ed.). Boston: Jones and Bartlett

A.N.A. (1995). American Nurse's Association: Nursing's social policy statement. Washington, D.C.: American Nurses Publishing.

Aday, L. (2001). At risk in America: The health care needs of vulnerable populations in the United States San Francisco: Jossey-Bass Publishers.

Cesta, T.G., (2002). Survival strategies for nurses in managed care. St Louis, MO: Mosby.

Cesta, T.G., & Tahan, H. A. (2003). The case manager's survival guide: Wining strategies for clinical practice St Louis, MO: Mosby.

Chin, P., Finocchiaro, D., & Rosebrough, A. (1998) Rehabilitation nursing practice. New York: McGraw Hill.

Cohen, E.L., (Ed.) (1996). Nurse case management in the 21st century. St Louis: Mosby.

Cohen, E.L & Cesta, T. (1997). Nursing case management: From concept to evaluation. St. Louis, MO: Mosby.

Cohen, E. L. & Cesta, T. G. (Eds.) (2001). Nursing case management: From essentials to advanced practice applications (3rd ed.). St. Louis; Mosby

Cohen, E. L. & DeBack, V. (Eds.). (1999). The outcomes mandate: Case management in health care today. St. Louis: Mosby.

Corbin, J. M. & Strauss, A. (1988) Unending work and care: Managing chronic illness at home San Francisco: Jossey-Bass

Fox, P. and Rama, T. (1996) Managed care and chronic illness, Challenges and opportunities. Gaithersburg Md. Aspen Publishing Co.

Hyman, R.B. & Corbin, J.M. (Eds.) (2001). Chronic illness research and theory for nursing practice. N.Y.N.Y.: Springer Publishing Co.

Wagner, E., Davis, C. Schaefer, J. Von Korff, M. & Austin, B. (2001) A survey of leading chronic disease management programs. In S. Funk et al. (Eds.) Key aspects of preventing and managing chronic illness. N.Y.N.Y.: Springer Publishing Co.

## 8. List Faculty Qualified to Teach This Course.

Nursing Faculty

## 9. Frequency.

a. Projected semesters to be offered: Fall  Spring  Summer

## 10. New Resources Required. YES NO

If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.

- a. Computer (data processing), audio visual, broadcasting needs, other equipment)
- b. Library needs
- c. Facility/space needs

**11. Will this new course alter any degree, credential, certificate, or minor in your program? YES  NO**   
If, YES attach a program modification form for all programs affected.

Barbara Thorpe  
Proposer of Course

11.1.05  
Date

## Approvals

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Program Chair

Date

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Curriculum Committee Chair

Date

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Dean

Date