

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

NEW COURSE PROPOSAL

DATE NOVEMBER 10, 2005
 PROGRAM AREA NURSING

1. Catalog Description of the Course. *[Follow accepted catalog format.]*

Prefix NRS Course# 421 Title NURSING CARE OF THE COMPLEX CLIENT ACROSS THE CONTINUUM LABORATORY Units (3)

9 hours lab per week

Prerequisites NRS 222, NRS 223, and NRS 300

Corequisites NRS 420 & 401

Description Application of nursing theory, management skills, and concepts in the delivery of nursing care to acutely ill/chronically ill adults with increasingly complex medical-surgical problems. Provision of nursing care to members of a high-risk population in the acute care setting from admission through discharge and in the home setting. Implementation of nursing case management strategies and intervention will be used for managing high-risk client populations and for providing cost effective and comprehensive care coordination, brokerage, monitoring.

Gen Ed Categories CR/NC Repeatable for up to _____ units
 Lab Fee Required A - Z Total Completions Allowed 1

2. Mode of Instruction.

	Units	Hours per Unit	Benchmark Enrollment	Graded Component	CS # (filled in by Dean)
Lecture	_____	_____	_____	<input type="checkbox"/>	_____
Seminar	_____	_____	_____	<input type="checkbox"/>	_____
Laboratory Activity	3	3	12	<input checked="" type="checkbox"/>	_____
	_____	_____	_____	<input type="checkbox"/>	_____

3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) *[Use as much space as necessary]*

This content is considered essential to professional nursing practice and is recommended as part of any baccalaureate program seeking accreditation through The Commission on Collegiate Nursing Education (CCNE), the free standing accreditation agency of the American Association of Colleges of Nursing (AACN).

Working with a clinical preceptor, the student will be able to:

1. Identify and manage a minimum caseload of 3 to 6 high risk patients depending on patient complexity and acuity and follow the clients across the care continuum from acute care to home or long term setting.
2. Design and implement plan of care for each acute or chronically ill/high-risk patient assignment.
3. Incorporate educational strategies to teach patients and families to recognize symptoms of changing health states, effectively monitor and manage symptoms, and to provide their own care to the patient's maximum capability.
4. Design program of care for a select group of acute or chronically ill patients or a group of persons at risk that brokers health care resources in a cost effective manner
5. Demonstrate the ability to adapt care to patients of varying ages, gender, life style or care sites and to effectively develop a plan of discharge
6. Demonstrate knowledge of cultural differences in defining health and illness, and preferred treatment approaches.

4. Is this a General Education Course YES NO
 If Yes, indicate GE category and attach GE Criteria Form:

A (English Language, Communication, Critical Thinking)
 A-1 Oral Communication
 A-2 English Writing
 A-3 Critical Thinking

B (Mathematics, Sciences & Technology)

- B-1 Physical Sciences
- B-2 Life Sciences – Biology
- B-3 Mathematics – Mathematics and Applications
- B-4 Computers and Information Technology

C (Fine Arts, Literature, Languages & Cultures)

- C-1 Art
- C-2 Literature Courses
- C-3a Language
- C-3b Multicultural

D (Social Perspectives)

E (Human Psychological and Physiological Perspectives)

UD Interdisciplinary

5. Course Content in Outline Form. *[Be as brief as possible, but use as much space as necessary]*

- I. Assess vulnerable populations in the acute care setting.
- II. Review of websites for special care needs of patients.
- III. Assessing and organizing discharge planning
- IV. Evaluate the need for home care, hospice and/or end of life care in the home.
- V. Planning, implementing and evaluating care of the high-risk patient in the acute care setting
- VI. Evaluate the need for health care recourses and determine cost effective strategies for secure them.
- VII Refer patients to appropriate support groups if available.
- VIII. Implement educational strategies to improve self-care ability, understanding of the acute/ chronic condition(s) and develop plan for self-monitoring and early identification of acute exacerbations.

Does this course overlap a course offered in your academic program? YES NO
 If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area? YES NO
 If YES, what course(s) and provide a justification of the overlap?

Signature of Academic Chair of the other academic area is required on the consultation sheet below.

6. Cross-listed Courses (Please fill out separate form for each PREFIX)

List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the consultation sheet below

Department responsible for staffing:

7. References. *[Provide 3 - 5 references on which this course is based and/or support it.]*

- Aday, L. (2001). *At risk in America: The health care needs of vulnerable populations in the United States* San Francisco: Jossey-Bass Publishers.
- Cohen, E. L. & Cesta, T. G. (Eds.) (2001). *Nursing case management: From essentials to advanced practice applications* (3rd ed.). St. Louis; Mosby.
- Lubkin, I. M., & Larson, P. D. (2002) *Chronic illness; Impact and interventions* (5th ed.). Boston: Jones and Bartlett.
- Morton, P. G., Fontaine D.K., Hudak, C.M. & Gallo, B.M (2005). *Critical care nursing: A holistic approach* (8th Ed.), Philadelphia: Lippincott Williams & Wilkins
- A.N.A. (1995). *American Nurse's Association: Nursing's social policy statement*. Washington, D.C.: American Nurses Publishing.
- Aday, L. (2001). *At risk in America: The health care needs of vulnerable populations in the United States* San Francisco: Jossey-Bass Publishers.
- Cesta, T.G., (2002). *Survival strategies for nurses in managed care*. St Louis, MO: Mosby.
- Cesta, T.G., & Tahan, H. A. (2003). *The case manager's survival guide: Wining strategies for clinical practice* St Louis, MO: Mosby.
- Chin, P., Finocchiaro, D., & Rosebrough, A. (1998) *Rehabilitation nursing practice*. New York: McGraw Hill.
- Cohen, E.L., (Ed.) (1996). *Nurse case management in the 21st century*. St Louis: Mosby.
- Cohen, E.L & Cesta, T. (1997). *Nursing case management: From concept to evaluation*. St. Louis, MO: Mosby.
- Cohen, E. L. & Cesta, T. G. (Eds.) (2001). *Nursing case management: From essentials to advanced practice applications* (3rd ed.). St. Louis; Mosby
- Cohen, E. L. & DeBack, V. (Eds.). (1999). *The outcomes mandate: Case management in health care today*. St. Louis: Mosby.
- Corbin, J. M. & Strauss, A. (1988) *Unending work and care: Managing chronic illness at home* San Francisco: Jossey-Bass
- Fox, P. and Rama, T. (1996) *Managed care and chronic illness, Challenges and opportunities*. Gaithersburg Md.: Aspen Publishing Co.
- Hyman, R.B. & Corbin, J.M. (Eds.) (2001). *Chronic illness research and theory for nursing practice*. N.Y.N.Y.: Springer Publishing Co.
- Stanhope, M. and Krollmueller, R. (2000) *Handbook of community and home health nursing* (3rd ed.).St. Louis: Mosby.
- Wagner, E., Davis, C. Schaefer, J. Von Korff, M. & Austin, B. (2001) *A survey of leading chronic disease management programs*. In S. Funk et al. (Eds.) *Key aspects of preventing and managing chronic illness*. N.Y.N.Y.: Springer Publishing Co.

8. List Faculty Qualified to Teach This Course.

Nursing Faculty

9. Frequency.

a. Projected semesters to be offered: Fall Spring Summer

10. New Resources Required. YES NO

If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.

- a. Computer (data processing), audio visual, broadcasting needs, other equipment)

- b. Library needs

- c. Facility/space needs

11. Will this new course alter any degree, credential, certificate, or minor in your program? YES NO

If, YES attach a program modification form for all programs affected.

Barbara Thorpe

Proposer of Course

11.1.05

Date

