

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

COURSE MODIFICATION PROPOSAL

Courses must be submitted by October 15, 2015, and finalized by the end of the fall semester to make the next catalog (2016-17) production

DATE (CHANGE DATE EACH TIME REVISED): 7/20/15, 10.12.15

PROGRAM AREA(S): NRS COURSE NO: 240

Directions: All sections of this form must be completed. Use YELLOWED areas to enter data. All documents are stand-alone sources of course information. Please highlight in yellow new/modified language in "New" column.

1. Indicate Changes and Justification for Each. [Mark all change areas that apply]

- Course title, Prefix/suffix, Course number, Units, Staffing formula and enrollment limits, Prerequisites/Corequisites, Catalog description, Mode of Instruction, Course Content, Course Learning Outcomes, References, GE, Other, Reactivate Course

Justification: Accreditation by CCNE requires track of program outcomes down to the course level. (Please provide justification(s) for each marked item above). Be as brief as possible but use as much space as necessary.]:

2. Course Information. [Follow accepted catalog format.] (Add additional prefixes if cross-listed)

OLD

Prefix NRS Course# 240
Title Psychiatric and Mental Health Nursing Units (2)
2 hours lecture per week
hours per week
x Prerequisites: NRS 200, 201, 203, 204
Consent of Instructor Required for Enrollment
x Corequisites: NRS 241

Catalog Description (Do not use any symbols):
Presents theories and concepts related to the care of individuals who require nursing interventions to achieve and maintain mental health. Focuses on the use of therapeutic communication and nursing process.

General Education Categories:
Grading Scheme (Select one below):
x A - F
Credit/No Credit
Optional (Student's Choice)
Repeatable for up to 4 units
Total Completions 2
Multiple Enrollment in Same Semester Y/N n
Course Level:
x Undergraduate

NEW

Prefix NRS Course# 240
Title Psychiatric and Mental Health Nursing Units (2)
2 hours lecture per week
hours per week
x Prerequisites: NRS 200, 201
Consent of Instructor Required for Enrollment
x Corequisites: NRS 241

Catalog Description (Do not use any symbols):
This course focuses on the care of patients across the lifespan experiencing cognitive, mental, and behavioral disorders. Emphasis is placed on management of patients facing emotional and psychological stressors, as well as promoting and maintaining the mental health of individuals and families, with the application of the nursing process and Neuman Systems Model. Concepts of therapeutic communication, crisis intervention, management of mental health disorders, and coping skills are integrated throughout the course.

General Education Categories:
Grading Scheme (Select one below):
x A - F
Credit/No Credit
Optional (Student's Choice)
Repeatable for up to 4 units
Total Completions 2
Multiple Enrollment in Same Semester Y/N N
Course Level:
x Undergraduate

Post-Baccalaureate Graduate

Post-Baccalaureate Graduate

3. Mode of Instruction (Hours per Unit are defaulted)

Hegis Code(s) _____
(Provided by the Dean)

Existing

Proposed

	Units	Hours Per Unit	Benchmark Enrollment	Graded		Units	Hours Per Unit	Benchmark Enrollment	Graded	CS No. (filled out by Dean)
Lecture	<u>2</u>	<u>1</u>	<u>44</u>	x	Lecture	<u>2</u>	<u>1</u>	<u>44</u>	x	<input type="checkbox"/>
Seminar	<input type="checkbox"/>	<u>1</u>	<input type="checkbox"/>	<input type="checkbox"/>	Seminar	<input type="checkbox"/>	<u>1</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lab	<input type="checkbox"/>	<u>3</u>	<input type="checkbox"/>	<input type="checkbox"/>	Lab	<input type="checkbox"/>	<u>3</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Activity	<input type="checkbox"/>	<u>2</u>	<input type="checkbox"/>	<input type="checkbox"/>	Activity	<input type="checkbox"/>	<u>2</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Field Studies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Field Studies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Indep Study	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Indep Study	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other blank	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other blank	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Online	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Online	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. Course Attributes:

General Education Categories: All courses with GE category notations (including deletions) must be submitted to the GE website: <http://summit.csuci.edu/ge>
Upon completion, the GE Committee will forward your documents to the Curriculum Committee for further processing.

A (English Language, Communication, Critical Thinking)

- A-1 Oral Communication
- A-2 English Writing
- A-3 Critical Thinking

B (Mathematics, Sciences & Technology)

- B-1 Physical Sciences
- B-2 Life Sciences – Biology
- B-3 Mathematics – Mathematics and Applications
- B-4 Computers and Information Technology

C (Fine Arts, Literature, Languages & Cultures)

- C-1 Art
- C-2 Literature Courses
- C-3a Language
- C-3b Multicultural

D (Social Perspectives)

E (Human Psychological and Physiological Perspectives)

UDIGE/INTD Interdisciplinary

Meets University Writing Requirement (Graduation Writing Assessment Requirement)

Meets University Language Requirement

American Institutions, Title V Section 40404: Government US Constitution US History
Regarding Exec Order 405, for more information: <http://senate.csuci.edu/comm/curriculum/resources.htm>

Service Learning Course (Approval from the Center for Community Engagement must be received before you can request this course attribute).

Online Course (Answer YES if the course is ALWAYS delivered online).

5. **Justification and Requirements for the Course.** [Make a brief statement to justify the need for the course]

OLD

Content required for licensure

- Requirement for the Major/Minor
- Elective for the Major/Minor
- Free Elective

NEW

Content required for licensure.

- Requirement for the Major/Minor
- Elective for the Major/Minor
- Free Elective

Submit Program Modification if this course changes your program.

6. **Student Learning Outcomes.** (List in numerical order. Please refer to the Curriculum Committee's "Learning Outcomes" guideline for measurable outcomes that reflect elements of Bloom's Taxonomy: <http://senate.csuci.edu/comm/curriculum/resources.htm>. The committee recommends 4 to 8 student learning outcomes, unless governed by an external agency (e.g., Nursing).

Upon completion of the course, the student will be able to:

OLD

1. Define theories of mental health and illness.
2. Describe common acute and chronic psychiatric disorders, related behaviors, and appropriate nursing interventions.
3. Explain therapeutic use of self and therapeutic communication tools in the care of individuals displaying mental health deviations.
4. Discuss the application of the nursing process within the Neuman Systems Model for patients with mental health deviations.
5. Determine socio-cultural, environmental, physical, ethnic, and religious variables related to behavioral disorders that influence patients and families.

Upon completion of the course, the student will be able to:

NEW

- Define theories of Mental Health and illness
1. Identify important aspects of a mental health assessment on patients with common mental health disorders.
 2. Apply knowledge of pharmacology, psychopathology, nutrition and established evidence-based practices in the provision of care for patients with common mental health disorders.
 3. Identify ethical/legal and professional standards in the provision of care for patients with common mental health disorders.
 4. Identify strategies that provide a safe environment for patients, self, and others.
 5. Describe common acute and chronic psychiatric disorders, related behaviors and appropriate nursing interventions.
 6. Determine sociocultural, environmental physical, ethnic and religious variables related to behavioral disorders and that influence patients and families.

7. **Course Content in Outline Form.** (Be as brief as possible, but use as much space as necessary)

OLD

- I. Biological and pharmacological aspects of psychiatric care.
- II. Relevant theories and therapies
- III. Therapeutic relationships
- IV. Nursing implications for patients and families experiencing: Affective disorders; psychosis; substance abuse; personality disorders; eating disorders
- V. Stress/crisis
- VI. Suicide
- VII. Anger, aggression, and violence
- VIII. Grief and Loss
- VIII. Mental health and illness across the lifespan

NEW

- I. Role of the nurse and standards of practice for mental health nursing
- II. Mental Health and Mental Health Issues
- III. Principles of Therapeutic Communication and Application in the Mental Health Setting
- IV. Therapeutic Modalities
- V. Personality Development
- VI. Anxiety Disorder
- VII. Mood Disorders
- VIII. Personality Disorders
- IX. Psychotic Disorders
- X. Abuse and Violence
- XI. Cognitive Impairment Disorders in the Older Adult
- XII. Psychiatric Disorders of Children and Adolescents
- XIII. Community-based Mental Health Nursing

Does this course content overlap with a course offered in your academic program? Yes No x
If YES, what course(s) and provide a justification of the overlap.

Does this course content overlap a course offered in another academic area? Yes No x
If YES, what course(s) and provide a justification of the overlap.

Overlapping courses require Chairs' signatures.

8. Cross-listed Courses (Please note each prefix in item No. 1)

- A. List cross-listed courses (Signature of Academic Chair(s) of the other academic area(s) is required).
- B. List each cross-listed prefix for the course:
- C. Program responsible for staffing:

9. References. [Provide 3-5 references]

OLD Psychiatric Nursing Contemporary Practice (2011) Mary Ann Boyd. Philadelphia: Lippincott Williams and Wilkins

NEW

Townsend, M. (2015). Nursing diagnosis in psychiatric nursing: Care plans and psychotropic medications (9th ed.). New York: F.A. Davis ISBN-13: 978-0-8036-4237-9

Boyd, M. A. (2015). Psychiatric nursing: Contemporary practice enhanced update (5th ed.). Philadelphia: Wolters Kluwer. ISBN-978-0-06-000037-0

10. Tenure Track Faculty qualified to teach this course.
none

11. Requested Effective Date or First Semester offered: Fall 2016

12. New Resource Requested: Yes No x
If YES, list the resources needed.

- A. Computer Needs (data processing, audio visual, broadcasting, other equipment, etc.)
- B. Library Needs (streaming media, video hosting, databases, exhibit space, etc.)
- C. Facility/Space/Transportation Needs:
- D. Lab Fee Requested: Yes No (Refer to the Dean's Office for additional processing)
- E. Other.

13. Will this course modification alter any degree, credential, certificate, or minor in your program? Yes No

If, YES attach a program update or program modification form for all programs affected.

Deadline for New Minors and Programs: **October 1, 2014.**

Deadline for Course Proposals and Modifications, and for Program Modifications: **October 15, 2014.**

Last day to submit forms to be considered during the current academic year: **April 1, 2015.**

Karen Jensen

7.20.15

Proposer(s) of Course Modification

Date

Type in name. Signatures will be collected after Curriculum approval.

Approval Sheet

Course: NRS 240

If your course has a General Education Component or involves Center affiliation, the Center will also sign off during the approval process.

Multiple Chair fields are available for cross-listed courses.

The CI program review process includes a report from the respective department/program on its progress toward accessibility requirement compliance. By signing below, I acknowledge the importance of incorporating accessibility in course design.

Program Chair		
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Signature

Date

Program Chair		
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Signature

Date

Program Chair		
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Signature

Date

General Education Chair		
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Signature

Date

Center for Intl Affairs Director		
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Signature

Date

Center for Integrative Studies Director		
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Signature

Date

Center for Multicultural Engagement Director		
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Signature

Date

Center for Community Engagement Director		
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Signature

Date

Curriculum Chair		
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Signature

Date

AVP		
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Signature

Date