

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

COURSE MODIFICATION PROPOSAL

**Courses must be submitted by October 15, 2015, and finalized by the end of the fall semester to make the next catalog (2016-17) production**

DATE (CHANGE DATE EACH TIME REVISED): 9/29/15, 10.12.15

PROGRAM AREA(S): NRS COURSE NO: 241

**Directions:** All sections of this form must be completed. Use YELLOWED areas to enter data. All documents are stand-alone sources of course information. Please highlight in yellow new/modified language in "New" column.

**1. Indicate Changes and Justification for Each.** [Mark all change areas that apply]

- |   |  |
|---|--|
| <input type="checkbox"/> Course title                           | <input checked="" type="checkbox"/> Course Content           |
| <input type="checkbox"/> Prefix/suffix                          | <input checked="" type="checkbox"/> Course Learning Outcomes |
| <input type="checkbox"/> Course number                          | <input checked="" type="checkbox"/> References               |
| <input type="checkbox"/> Units                                  | <input type="checkbox"/> GE                                  |
| <input type="checkbox"/> Staffing formula and enrollment limits | <input type="checkbox"/> Other                               |
| <input checked="" type="checkbox"/> Prerequisites/Corequisites  | <input type="checkbox"/> Reactivate Course                   |
| <input checked="" type="checkbox"/> Catalog description         |  |
| <input type="checkbox"/> Mode of Instruction                    |  |

**Justification:** Accreditation by CCNE requires track of program outcomes down to the course level.

(Please provide justification(s) for each marked item above). Be as brief as possible but use as much space as necessary.]:

**2. Course Information.**

[Follow accepted catalog format.] (Add additional prefixes if cross-listed)

**OLD**

Prefix NRS Course# 241

Title **Psychiatric and Mental Health Nursing Lab** Units (2)

hours lecture per week

6 hours lab per week

x Prerequisites: NRS 200, 201, 203, 204 and admission to Clinical Nursing Program

☐ Consent of Instructor Required for Enrollment

x Corequisites: NRS 240

**Catalog Description** (Do not use any symbols):

~~Provides opportunities to incorporate therapeutic modalities with individuals experiencing anxiety, crisis, depression, and dysfunctional interpersonal relationships. Focuses on promotion of mental health from the system-based perspective in diverse clinical settings.~~

General Education Categories:

Grading Scheme (Select one below):

A – F

x Credit/No Credit

☐ Optional (Student's Choice)

Repeatable for up to 4 units

Total Completions 2

**NEW**

Prefix NRS Course# 241

Title **Psychiatric and Mental Health Nursing Lab** Units (2)

hours lecture per week

6 hours lab per week

x Prerequisites: NRS 200, 201

☐ Consent of Instructor Required for Enrollment

x Corequisites: NRS 240

**Catalog Description** (Do not use any symbols):

Focuses on the care of patients across the lifespan experiencing cognitive, mental, and behavioral disorders. Emphasis is placed on management of patients facing emotional and psychological stressors, as well as promoting and maintaining the mental health of individuals and families, with the application of the nursing process and Neuman Systems Model. Concepts of therapeutic communication, crisis intervention, management of mental health disorders, and coping skills are integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient centered care in selected mental health settings, including acute care settings and community sites.

General Education Categories:

Grading Scheme (Select one below):

A – F

x Credit/No Credit

☐ Optional (Student's Choice)

Repeatable for up to 4 units

Total Completions 2

Multiple Enrollment in Same Semester Y/N n  
 Course Level:  
 x Undergraduate  
☐ Post-Baccalaureate  
☐ Graduate

Multiple Enrollment in Same Semester Y/N N  
 Course Level:  
 x Undergraduate  
☐ Post-Baccalaureate  
☐ Graduate

### 3. Mode of Instruction (Hours per Unit are defaulted)

Hegis Code(s) \_\_\_\_\_  
 (Provided by the Dean)

#### Existing

#### Proposed

	Units	Hours Per Unit	Benchmark Enrollment	Graded		Units	Hours Per Unit	Benchmark Enrollment	Graded	CS No. (filled out by Dean)
Lecture		1		<input type="checkbox"/>	Lecture		1		<input type="checkbox"/>	<input type="checkbox"/>
Seminar	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	Seminar	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lab	2	3	11	c/nc	Lab	2	3	11	c/nc	<input type="checkbox"/>
Activity	<input type="checkbox"/>	2	<input type="checkbox"/>	<input type="checkbox"/>	Activity	<input type="checkbox"/>	2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Field Studies	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	Field Studies	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Indep Study	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	Indep Study	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other blank	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	Other blank	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Online	<input type="checkbox"/>			<input type="checkbox"/>	Online	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>

### 4. Course Attributes:

☐ **General Education Categories:** All courses with GE category notations (including deletions) must be submitted to the GE website: <http://summit.csuci.edu/ge>  
 Upon completion, the GE Committee will forward your documents to the Curriculum Committee for further processing.

#### **A (English Language, Communication, Critical Thinking)**

- ☐ A-1 Oral Communication
- ☐ A-2 English Writing
- ☐ A-3 Critical Thinking

#### **B (Mathematics, Sciences & Technology)**

- ☐ B-1 Physical Sciences
- ☐ B-2 Life Sciences – Biology
- ☐ B-3 Mathematics – Mathematics and Applications
- ☐ B-4 Computers and Information Technology

#### **C (Fine Arts, Literature, Languages & Cultures)**

- ☐ C-1 Art
- ☐ C-2 Literature Courses
- ☐ C-3a Language
- ☐ C-3b Multicultural

#### **D (Social Perspectives)**

#### **E (Human Psychological and Physiological Perspectives)**

#### **UDIGE/INTD Interdisciplinary**

☐ Meets University Writing Requirement (Graduation Writing Assessment Requirement)

☐ Meets University Language Requirement

☐ **American Institutions, Title V Section 40404:** ☐ Government ☐ US Constitution ☐ US History  
 Regarding Exec Order 405, for more information: <http://senate.csuci.edu/comm/curriculum/resources.htm>

☐ **Service Learning Course** (Approval from the Center for Community Engagement must be received before you can request this course attribute).

☐ **Online Course** (Answer YES if the course is ALWAYS delivered online).

**5. Justification and Requirements for the Course.** *[Make a brief statement to justify the need for the course]*

**OLD**

Content required for licensure

- x Requirement for the Major/Minor
- ☐ Elective for the Major/Minor
- ☐ Free Elective

**NEW**

Content required for licensure.

- x Requirement for the Major/Minor
- ☐ Elective for the Major/Minor
- ☐ Free Elective

**Submit Program Modification if this course changes your program.**

**6. Student Learning Outcomes.** (List in numerical order. Please refer to the Curriculum Committee's "Learning Outcomes" guideline for measurable outcomes that reflect elements of Bloom's Taxonomy: <http://senate.csuci.edu/comm/curriculum/resources.htm>. The committee recommends 4 to 8 student learning outcomes, unless governed by an external agency (e.g., Nursing).

Upon completion of the course, the student will be able to:

**OLD**

1. Use the Neuman Systems Model and the nursing process in providing therapeutic nursing care to acute and chronic psychiatric patients in a variety of settings.
2. Demonstrate therapeutic use of self and effective therapeutic communication with individuals and or families displaying stress and reactions to stress.
3. Applies the principles of health promotion with emphasis on developmental, religious, environmental, socio-cultural, ethnic and community variables.

Upon completion of the course, the student will be able to:

**NEW**

1. Use the nursing process as a framework for providing nursing care: Perform a general mental health assessment of patients
2. Use the nursing process as a framework for providing nursing care: Develop of a plan of care based on data collected during a general assessment.
3. Use the nursing process as a framework for providing nursing care: Select cultural and age-appropriate interventions for inclusion in the plan of care.
4. Use the nursing process as a framework for providing nursing care: Implement nursing care that is safe and based on the established plan of care.
5. Use the nursing process as a framework for providing nursing care: Use clinical decision making when providing patient care and participating in the evaluation of patient outcomes.
6. Promote continuity of health care within the health care team and across various settings: Participate as a member of the health care team.
7. Promote continuity of health care within the health care team and across various settings: Use information technology to document patient information and communicate with members of the health care team.
8. Use scientific principles and evidence-based practice as a foundation for nursing practice: Apply knowledge of pathophysiology, pharmacology and nutrition when providing patient care.
9. Provide high-quality nursing care in an environment that is safe for the patient, self, and others: Implement actions that promote

safe practice and a safe environment for patients, self, and others.

10. Practice nursing in a professional, ethical, and legal manner: Practice nursing in accordance with established standards of practice and institutional policies and procedures.
11. Use communication that promotes an effective exchange of information: Use verbal and nonverbal communication that promotes caring, therapeutic relationships with patients.
12. Use communication that promotes an effective exchange of information: Identify barriers to effective communication and make appropriate changes in communication.

**7. Course Content in Outline Form.** (Be as brief as possible, but use as much space as necessary)

**OLD**

- I. Biological and pharmacological aspects of psychiatric care.
- II. Relevant theories and therapies
- III. Therapeutic relationships
- IV. Nursing implications for patients and families experiencing: Affective disorders; psychosis; substance abuse; personality disorders; eating disorders
- V. Stress/crisis
- VI. Suicide
- VII. Anger, aggression, and violence
- VIII. Grief and Loss
- VIII. Mental health and illness across the lifespan

**NEW**

- I. Role of the nurse and standards of practice for mental health nursing
- II. Mental Health and Mental Health Issues
- III. Principles of Therapeutic Communication and Application in the Mental Health Setting
- IV. Therapeutic Modalities
- V. Personality Development
- VI. Anxiety Disorder
- VII. Mood Disorders
- VIII. Personality Disorders
- IX. Psychotic Disorders
- X. Abuse and Violence
- XI. Cognitive Impairment Disorders in the Older Adult
- XII. Psychiatric Disorders of Children and Adolescents
- XIII. Community-based Mental Health Nursing

Does this course content overlap with a course offered in your academic program? Yes ☐ No ☒

If YES, what course(s) and provide a justification of the overlap.

Does this course content overlap a course offered in another academic area? Yes ☐ No ☒

If YES, what course(s) and provide a justification of the overlap.

Overlapping courses require Chairs' signatures.

**8. Cross-listed Courses (Please note each prefix in item No. 1)**

- A. List cross-listed courses (Signature of Academic Chair(s) of the other academic area(s) is required).
- B. List each cross-listed prefix for the course:
- C. Program responsible for staffing:

**9. References.** [Provide 3-5 references]

**OLD** ☐ Psychiatric Nursing Contemporary Practice (2011) Mary Ann Boyd. Philadelphia: Lippincott Williams and Wilkins ☐

**NEW**

Townsend, M. (2015). Nursing diagnosis in psychiatric nursing: Care plans and psychotropic medications (9th ed.). New York: F.A. Davis ISBN-13: 978-0-8036-4237-9

10. Tenure Track Faculty qualified to teach this course.  
none

11. Requested Effective Date or First Semester offered: **Fall** 2016

12. New Resource Requested: Yes ☐ No ☒  
If YES, list the resources needed.

A. Computer Needs (data processing, audio visual, broadcasting, other equipment, etc.)  
☐

B. Library Needs (streaming media, video hosting, databases, exhibit space, etc.)  
☐

C. Facility/Space/Transportation Needs:  
☐

D. Lab Fee Requested: Yes ☐ No ☐ ( Refer to the Dean's Office for additional processing)

E. Other. ☐

13. Will this course modification alter any degree, credential, certificate, or minor in your program? Yes ☐ No ☐

If, YES attach a program update or program modification form for all programs affected.

Deadline for New Minors and Programs: **October 1, 2014.**

Deadline for Course Proposals and Modifications, and for Program Modifications: **October 15, 2014.**

Last day to submit forms to be considered during the current academic year: **April 1, 2015.**

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Karen Jensen

**7.20.15**

\_\_\_\_\_  
Proposer(s) of Course Modification

\_\_\_\_\_  
Date

Type in name. Signatures will be collected after Curriculum approval.

# Approval Sheet

**Course:** NRS 241

If your course has a General Education Component or involves Center affiliation, the Center will also sign off during the approval process.

Multiple Chair fields are available for cross-listed courses.

The CI program review process includes a report from the respective department/program on its progress toward accessibility requirement compliance. By signing below, I acknowledge the importance of incorporating accessibility in course design.

Program Chair		
Signature		Date
Program Chair		
Signature		Date
Program Chair		
Signature		Date
General Education Chair		
Signature		Date
Center for Intl Affairs Director		
Signature		Date
Center for Integrative Studies Director		
Signature		Date
Center for Multicultural Engagement Director		
Signature		Date
Center for Community Engagement Director		
Signature		Date
Curriculum Chair		
Signature		Date
AVP		
Signature		Date