

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

COURSE MODIFICATION PROPOSAL

Courses must be submitted by November 5, 2007, to make the next catalog production

DATE (CHANGE DATE IF REVISED): NOVEMBER 5, 2007 REV 12.19.07 REV 2.8.08 REV 2.20.08

PROGRAM AREA(S): LIBERAL STUDIES

Directions: All of sections of this form must be completed for course modifications.

1. Catalog Description of the Course.

[Follow accepted catalog format.] (If Cross-listed please submit prefixes for each discipline being modified)

OLD

Prefix PHED Course# 302 Title MOTOR LEARNING, FITNESS, AND DEVELOPMENT IN CHILDREN Units (2)
2 hours lecture per week
hours blank per week

☐ Prerequisites:

☐ Corequisites:

Description (Do not use any symbols): Physical education for children, fundamentals of motor learning, health, fitness and age-appropriate activities for elementary school age children. Teaching, planning and implementing an effective physical education program. May be taken concurrently with PHED 303. This is not an activity/ performance course.

☒ Gen Ed

Categories E

☐ Lab Fee Required

Graded

☐ CR/NC

☐ Repeatable for up to

☒ A - F

units

☐

☐ Multiple

Optional

(Student's choice)

Enrollment in same semester

☐ American Institutions, Title V Section 40404: ☐ Government ☐ US Constitution ☐ US History (Refer to EO 405, for more information at: <http://senate.csuci.edu/comm/curriculum/resources.htm>)

☐ Service Learning Course

NEW

Prefix PHED Course# 302 Title MOTOR LEARNING, FITNESS, AND DEVELOPMENT IN CHILDREN Units (2)
2 hours lecture per week
hours blank per week

☐ Prerequisites:

☐ Corequisites:

Description: Physical education for children, fundamentals of motor learning, health, fitness and age-appropriate activities for elementary school age children. Teaching, planning and implementing an effective physical education program. May be taken concurrently with PHED 303.

Graded

☐ CR/NC

☐ Repeatable for up to

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units

☐

☐ Multiple

Optional

(Student's choice)

Enrollment in same semester

2. Mode of instruction (Hours per Unit are defaulted for you)

Hegis Code(s) 08351

(Provided by the Dean)

Existing

Proposed

	Units	Hours Per Unit	Benchmark Enrollment	Graded		Units	Hours Per Unit	Benchmark Enrollment	Graded	CS# Units (filled out by Dean)
Lecture	<u>2</u>	<u>1</u>	<u>30</u>	<input checked="" type="checkbox"/>	Lecture	<u>2</u>	<u>1</u>	<u>35</u>	<input checked="" type="checkbox"/>	<u>4</u>
Seminar	_____	<u>1</u>	_____	<input type="checkbox"/>	Seminar	_____	<u>1</u>	_____	<input type="checkbox"/>	_____
Lab	_____	<u>3</u>	_____	<input type="checkbox"/>	Lab	_____	<u>3</u>	_____	<input type="checkbox"/>	_____
Activity	_____	<u>2</u>	_____	<input type="checkbox"/>	Activity	_____	<u>2</u>	_____	<input type="checkbox"/>	_____
Field Studies	_____	_____	_____	<input type="checkbox"/>	Field Studies	_____	_____	_____	<input type="checkbox"/>	_____
Indep Study	_____	_____	_____	<input type="checkbox"/>	Indep Study	_____	_____	_____	<input type="checkbox"/>	_____
Other blank	_____	_____	_____	<input type="checkbox"/>	Other blank	_____	_____	_____	<input type="checkbox"/>	_____

3. Course Content in Outline Form if Being Changed. [Be as brief as possible, but use as much space as necessary]

OLD

Upon successful completion of this course, the student will be able to:

- Explain movement concepts including body

NEW

Upon successful completion of this course, the student will be able to:

- Explain movement concepts including body

awareness, space awareness, and movement exploration

- Discuss basic concepts of biomechanics that affect movement, such as how the body moves and how such movement is influenced by gravity, friction, and the laws of motion.
- Describe critical elements of basic movement skills, such as stepping in opposition when throwing and/or following through when kicking a ball.
- Discuss health and fitness benefits and associated risks, supporting a physically active lifestyle, related to safety and medical factors (e.g., asthma, diabetes).
- Explain the basic rules and social etiquette for a variety of traditional and nontraditional games, sports, dance, and other physical activities.
- Identify activities for their potential to include all students regardless of gender, race, culture, religion, abilities, or disabilities.
- Describe the sequential development of fine and gross motor skills in children and young adolescents and the influence of growth spurts (changes in height and weight) and body type on movement and coordination.
- Describe the developmental appropriateness of cooperation, competition, and responsible social behavior for children of different ages.

awareness, space awareness, and movement exploration

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- Identify activities for their potential to include all students regardless of gender, race, culture, religion, abilities, or disabilities.
- Describe the sequential development of fine and gross motor skills in children and young adolescents and the influence of growth spurts (changes in height and weight) and body type on movement and coordination.
- Describe the developmental appropriateness of cooperation, competition, and responsible social behavior for children of different ages.

4. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) *[Use as much space as necessary]*

OLD

PHED 302 is a required course in the Teaching and Learning Option. It is designed to meet Category E and the concentration in Physical Education and Health in the Liberal Studies Teaching and Learning Option. This is not an activity/performance course.

NEW

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5. References. *[Provide 3-5 references on which this course is based and/or support it.]*

OLD R. P. Pangrazi, Dynamic Physical Education For Elementary School Children, 2000.
G. Kirchner and G. J. Fishburne, Physical Education For Elementary School Children, 1998.

NEW R. P. Pangrazi, Dynamic Physical Education For Elementary School Children, 2000.
G. Kirchner and G. J. Fishburne, Physical Education For Elementary School Children, 1998.

6. Indicate Changes and Justification for Each. *[Check all that apply and follow with justification. Be as brief as possible but, use as much space as necessary.]*

- ☐ Course title
- ☐ Prefix/suffix
- ☐ Course number
- ☐ Units
- ☐ Staffing formula and enrollment limits
- ☐ Prerequisites/corequisites
- ☒ Catalog description
- ☐ Course content
- ☐ References
- ☐ GE
- ☐ Other

Justification: Course description is changed to delete sentence, "This is not an activity/performance course." [Note I could not get the program to give me the opportunity to use the strike out for the font.] In order to effectively model appropriate physical education activities, activity is interwoven throughout the course. The statement that this is not an activity course was interfering with our ability to secure appropriate classroom space in which both lecture and the accompanying activities could be applied. Performing Arts has taken Malibu Hall space that used to be allotted to this class.

7. ☐ **General Education Categories:** All courses with GE categories notations (including deletions) must be processed at the GE website: <http://summit.csuci.edu/geapproval>. Upon completion, the GE Committee will forward your documents to the Curriculum Committee for further processing.

A (English Language, Communication, Critical Thinking)

A-1 Oral Communication ☐

A-2 English Writing ☐

A-3 Critical Thinking ☐

B (Mathematics, Sciences & Technology)

B-1 Physical Sciences ☐

B-2 Life Sciences – Biology ☐

B-3 Mathematics – Mathematics and Applications ☐

B-4 Computers and Information Technology ☐

C (Fine Arts, Literature, Languages & Cultures)

C-1 Art ☐

C-2 Literature Courses ☐

C-3a Language ☐

C-3b Multicultural ☐

D (Social Perspectives)

E (Human Psychological and Physiological Perspectives) ☒

UD Interdisciplinary ☐

8. **New Resources Required.** YES ☐ NO ☒

If YES, list the resources needed and obtain signatures from the appropriate programs/units on the consultation sheet below.

a. Computer (data processing), audio visual, broadcasting needs, other equipment)

b. Library needs

c. Facility/space needs

9. **Will this course modification alter any degree, credential, certificate, or minor in your program?** YES ☐ NO ☒

If, YES attach a program modification form for all programs affected.

10. **Effective Date (Semester and Year – all modifications submitted prior to November 5th will be effective in the Fall 2008 catalog):**

Joan Karp

11.5.07

Proposer of Course Modification

Date

Request for PHED 302: MOTOR LEARNING, FITNESS, AND DEVELOPMENT IN CHILDREN to be added to GE Category E: Human Physiological and Psychological Perspectives.

Committee Response:

Approved by committee on 11-14-2007

Criteria and Justifications Submitted:

- *Focus on some aspect of human physiology, psychology, health, or physical activity*
This course focuses on physical activity in children including basic concepts of biomechanics that affect movement and elements of basic movement skills; fine and gross motor skills in children and youth.
- *Promote an understanding the humans, as physiological and psychological beings, exist and live in a social and physical environment*
This course promotes the understanding of children's health and fitness, supporting their physically active lives considering related safety and medical factors. Includes the ways teachers can develop appropriate cooperation, competition and responsible social behavior of children of different ages through games, sports, dance and motor activities. Prepares future teachers to explain basic rules and social etiquette for motor related activities in children and youth.

Approval Sheet

Program/Course: PHED 302

If your course has a General Education Component or involves Center affiliation, the Center will also sign off during the approval process.

Multiple Chair fields are available for cross-listed courses.

Program Chair		
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Signature

Date

Program Chair		
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Signature

Date

Program Chair		
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Signature

Date

General Education Chair		
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Signature

Date

Center for Intl Affairs Director		
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Signature

Date

Center for Integrative Studies Director		
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Signature

Date

Center for Multicultural Learning and Engagement Director		
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Signature

Date

Center for Civic Engagement and Service Learning Director		
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Signature

Date

Curriculum Chair		
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Signature

Date

Dean of Faculty		
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Signature

Date