

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

NEW COURSE PROPOSAL

PROGRAM AREA: PSYCHOLOGY

**1. Catalog Description of the Course.** [Include the course prefix, number, full title, and units. Provide a course narrative including prerequisites and corequisites. If any of the following apply, include in the description: Repeatability (May be repeated to a maximum of \_\_\_ units); time distribution (Lecture \_\_\_ hours, laboratory \_\_\_ hours); non-traditional grading system (Graded CR/NC, ABC/NC). Follow accepted catalog format.]

**PSY 220 HUMAN SEXUAL BEHAVIOR (3)**

Three hours lecture per week

This course covers knowledge about the processes and variations in: sexual functions and reproduction; intimate relationships; sexual and gender role development and behavior; and the social, cultural, historical and moral contexts of sex and love.

GenEd: B2 & E

	<b>Units:</b>	<b>Hrs/Unit</b>	<b>Benchmark Enrollment</b>
<b>2. Mode of Instruction:</b> Lecture	3	1	50

**3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]**

This lower division required psychology course introduces students to the scientific study of sexuality including biological, societal and psychological components. After taking this course students will be able to:

Demonstrate an understanding of the psychology of sexuality in relation to natural sciences (e.g., biology, ethology, neuroscience)

Demonstrate knowledge and understanding of theory and research in the biological and physiological bases of sexual behavior

Demonstrate knowledge and understanding of individual differences in sexual behavior, including those related to gender, ethnicity, and culture

Use psychological theory to understand interpersonal and group behavior related to sexuality

Identify their own values with regard to human sexuality

**4. Is this a General Education Course? If Yes, indicate GE category: Yes**

B2 (Life Sciences)

E (Human Psychological & Physiological Perspectives)

**5. Course Content in Outline Form**

1. Sex and the culture; sex and values; sex education
2. Sex research
3. Psychosexual development; gender; orientation
4. Anatomy and physiology and sexual response
5. Prenatal sexual differentiation; childhood sexuality
6. Adolescence and puberty
7. Adulthood sexuality
8. Communication and relationships
9. Atypical and perverse sexual behaviors
10. Birth control
11. Pregnancy and childbirth
12. Sex problems and therapy; coercive sex
13. The Sex Industry
14. Sex and Health; Sexually transmitted infections; HIV/AIDS

**6. References.**

Strong, B., DeVault, C., Sayad, B., and Yarber, W. (2001). *Human Sexuality: Diversity in Contemporary America*. Monterey, CA: McGraw-Hill

LeVay, S. (1993). *The Sexual Brain*. Cambridge, MA: Bradford, MIT Press.

Rathus, S. A., Nevid, J. S., & Fichner-Rathus, L. (2002). *Human Sexuality in a World of Diversity* (5th edition). Boston: Allyn and Bacon.

Crooks, R. & Baur, K. (2002). *Our Sexuality* (8th ed.). Pacific Grove, CA: Brooks/Cole Publishing Company.

Freud, S. (1905), *Three Essays on the Theory of Sexuality*. Standard Edition, 7:123-246. London: Hogarth Press, 1953

**7. Qualified Faculty** Kevin Volkan, Beatrice de Oca, Harley Baker

**Fall Semester: Spring Semester: Summer Semester:**

**8. Frequency** Yes Yes No

**9. New Resources Required.** None

**10. Consultation** *Attach consultation sheet from all program areas, Library, and others (if necessary)*

**11. If this new course will alter any degree, credential, certificate, or minor in your program, attach a program modification**

**Proposer of Course:** Kevin Volkan

**Date:** Friday, November 22, 2002

## GE CRITERIA APPROVAL FORM

**Course Number and Title:** PSY 220 Human Sexual Behavior

**Faculty Member(s) Proposing Course:** Kevin Volkan

**Indicate which of the following categories would be satisfied by this course by marking an “X” on the appropriate lines. Courses may be placed in up to two GE categories as appropriate. Upper Division Interdisciplinary GE courses may be placed in two categories plus the UDIGE category.**

B2 (Life Sciences)

E (Human Psychological & Physiological Perspectives)

**Lab Included?** Yes \_\_\_ No **X**

**Please provide a brief explanation of how the proposed course meets each of the criteria for the selected General Education categories.**

This course covers material on the biology of human sexuality (including the human reproductive system and the biology of STDs) which would satisfy the requirements for category B. The course also covers psychosocial perspectives of human sexuality, and how individuals relate to their own sexuality which meets the requirements for category E. The course will also explore the intersections of all these areas and how they relate to cultural and religious views on sexuality. After taking this course students will be able to:

Demonstrate an understanding of the psychology of sexuality in relation to natural sciences (e.g., biology, ethology, neuroscience)

Demonstrate knowledge and understanding of theory and research in the biological and physiological bases of sexual behavior

Demonstrate knowledge and understanding of individual differences in sexual behavior, including those related to gender, ethnicity, and culture

Use psychological theory to understand interpersonal and group behavior related to sexuality

Identify their own values with regard to human sexuality

*Note: All learning objectives in psychology are adapted from Allen, Noel, Deegan, Et. al. (2000). Goals and Objectives for the Undergraduate Psychology Major: Recommendations from a Meeting of California State University Psychology Faculty. Society for the Teaching of Psychology (APA Division 2).*