

CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS

NEW COURSE PROPOSAL

PROGRAM AREA: PSYCHOLOGY

**1. Catalog Description of the Course.** [Include the course prefix, number, full title, and units. Provide a course narrative including prerequisites and corequisites. If any of the following apply, include in the description: Repeatability (May be repeated to a maximum of \_\_\_ units); time distribution (Lecture \_\_\_ hours, laboratory \_\_\_ hours); non-traditional grading system (Graded CR/NC, ABC/NC). Follow accepted catalog format.]

**PSY 313 CLINICAL AND ABNORMAL PSYCHOLOGY (3)**

Three hours lecture per week

Examines the major diagnostic, etiologic, and treatment options for a variety of psychopathologies and psychological disorders. Areas to be covered include how psychologists diagnose, assess, understand the etiology, and treat psychological illness and problems. Topics include: disorders related to anxiety, stress & trauma, mood, schizophrenia and psychosis, eating and substance abuse, memory & organic dysfunctions, personality; social, cultural, and legal issues related to psychopathology.

	Units:	Hrs/Unit	Benchmark	Enrollment
<b>2. Mode of Instruction</b>	Lecture	3	1	25

**3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]**

Required course in the psychology major. This course psychopathology and its treatment. Students completing this course will be able to do the following:

Demonstrate knowledge and understanding of perspectives on the origin and treatment of abnormal behavior

Demonstrate knowledge and understanding of the application of psychological principles and techniques in clinical settings

Evaluate the appropriateness of conclusions presented in disseminated research relevant to clinical psychology.

Use clinical psychological theory to understand interpersonal and group behavior

Evaluate the merit of information gathered by clinical psychologists and psychotherapists, including the ability to differentiate the probable from the improbable

**4. Is this a General Education Course? If Yes, indicate GE category: No**

**5. Course Content in Outline Form**

1. What is "normal" and "abnormal"?
2. Research, assessment and psychological testing
3. Overview of diagnostic categories
4. The neuroses and mechanisms of defense
5. Personality disorders

- 6. Sociopathy
- 7. Stress and psychophysiological disorders
- 8. Sexual disorders and dysfunctions
- 9. Schizophrenia and psychoses
- 10. Mood disorders
- 11. Organic mental disorders
- 12. Overview of Mental Health Treatments

**6. References**

Fundamentals of Abnormal Psychology, 3rd edition; Ronald J. Comer, 2002

Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition (DSM-IV). 1994. Washington, DC: American Psychiatric

Wallerstein, RS. (1995). The Talking Cures: The Psychoanalyses and the Psychotherapies. New Haven, CT: Yale University Press.

Maxmen, JS., & Ward, NG. (1995). Essential Psychopathology and Its Treatment. New York, NY: W W Norton & Company.

**7. Qualified Faculty** Kevin Volkan

	<b>Fall Semester:</b>	<b>Spring Semester:</b>	<b>Summer Semester:</b>
<b>8. Frequency</b>	Yes	No	No

**9. New Resources Required.** None

**10. Consultation** *Attach consultation sheet from all program areas, Library, and others (if necessary)*

**11. If this new course will alter any degree, credential, certificate, or minor in your program, attach a program modification**

**Proposer of Course:** Kevin Volkan

**Date:** Wednesday, December 11, 2002