

**CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS
NEW COURSE PROPOSAL**

DATE 4.11.07
PROGRAM AREA PSYCHOLOGY

1. Catalog Description of the Course. *[Follow accepted catalog format.]*

Prefix PSY Course# 327 Title PARENTING Units (3)
3 hours lecture per week
hours lecture per week

- Prerequisites PSY 100, PSY 211, PSY 213
 Corequisites

Description Examines theories of parent-child relations across the life-span and introduces the theoretical frameworks, research, and applications of parenting techniques and strategies.

- Gen Ed CR/NC Repeatable for up to units
Categories
 Lab Fee Required A - F Total Completions Allowed
 Optional (Student's choice) Multiple Enrollment in same semester

2. Mode of Instruction.

	Units	Hours per Unit	Benchmark Enrollment	Graded Component	CS # (filled in by Dean)
Lecture	3	1	30	<input type="checkbox"/>	_____
Seminar	_____	_____	_____	<input type="checkbox"/>	_____
Laboratory	_____	_____	_____	<input type="checkbox"/>	_____
Activity	_____	_____	_____	<input type="checkbox"/>	_____

3. Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) *[Use as much space as necessary]*

This is an elective course for Psychology. It does not meet the University Writing and/or Language Requirement.

Learning Objectives:

Upon completion of the course students will be able to:

1. Discuss and evaluate theoretical frameworks of parenting and family relations.
2. Demonstrate knowledge of the literature on parenting issues and special topics (e.g., divorce and step-parenting)
3. Apply empirically-based techniques to parenting issues.
4. Articulate developmental milestones and appropriate parenting responses across the life span.
5. Critique parenting practices and beliefs presented in the popular press.

4. Is this a General Education Course YES NO

If Yes, indicate GE category and attach GE Criteria Form:

- A (English Language, Communication, Critical Thinking)**
- A-1 Oral Communication
 - A-2 English Writing
 - A-3 Critical Thinking
- B (Mathematics, Sciences & Technology)**
- B-1 Physical Sciences
 - B-2 Life Sciences – Biology
 - B-3 Mathematics – Mathematics and Applications
 - B-4 Computers and Information Technology
- C (Fine Arts, Literature, Languages & Cultures)**
- C-1 Art
 - C-2 Literature Courses
 - C-3a Language
 - C-3b Multicultural
- D (Social Perspectives)**

E (Human Psychological and Physiological Perspectives)
UD Interdisciplinary

5. Course Content in Outline Form. *[Be as brief as possible, but use as much space as necessary]*

Parenting perspectives
Family configurations-divorce, homosexuality, adoption, foster care
Characteristics of healthy families
Transition to parenthood
Parenting in infants and toddlers
Attachment theory
Parental authority
Changing children's behavior
Adjustment, stress and coping
Communication techniques
Children with special needs
Parenting adolescents
Adult children and the transition into adulthood
Grandparents
Family violence, child abuse and neglect

Does this course overlap a course offered in your academic program? YES NO

If YES, what course(s) and provide a justification of the overlap?

Does this course overlap a course offered in another academic area? YES NO

If YES, what course(s) and provide a justification of the overlap?

Signature of Academic Chair(s) of the other academic area(s) is required on the signature sheet below.

6. Cross-listed Courses (Please fill out separate form for each PREFIX)

List Cross-listed Courses

Signature of Academic Chair(s) of the other academic area(s) is required on the signature sheet below.

Department responsible for staffing: Psychology

7. References. *[Provide 3 - 5 references on which this course is based and/or support it.]*

Bigner, J. (2006). Parent-child relations: An introduction to parenting (7th ed.). New Jersey: Merrill Prentice-Hall.

Christopherson, E. R., & Mortweet, S. L. (2003). Parenting that works: Building skills that last a lifetime. Washington: American Psychological Association.

Jaffe, M. (1997). Understanding parenting. Needham Heights, MA: Allyn & Bacon.

Martin, C. A., Colbert, K. K. (1997). Parenting: A life span perspective. New York, NY: McGraw Hill.

8. List Faculty Qualified to Teach This Course.

Psychology faculty

9. Frequency.

a. Projected semesters to be offered: Fall Spring Summer

10. New Resources Required. YES NO

If YES, list the resources needed and obtain signatures from the appropriate programs/units on the sheet below.

- a. Computer (data processing), audio visual, broadcasting needs, other equipment)
- b. Library needs
- c. Facility/space needs

11. Will this new course alter any degree, credential, certificate, or minor in your program? YES NO
If, YES attach a program modification form for all programs affected.

Michelle Moon
Proposer of Course

9/26/2006
Date

Approval Sheet

Program/Course:

Program Chair(s)

Date

General Education Chair(s)

Date

Curriculum Committee Chair(s)

Date

Dean of Faculty

Date