## CALIFORNIA STATE UNIVERSITY CHANNEL ISLANDS NEW COURSE PROPOSAL PROGRAM AREA: PSYCHOLOGY

**1. Catalog Description of the Course.** [Include the course prefix, number, full title, and units. Provide a course narrative including prerequisites and corequisites. If any of the following apply, include in the description: Repeatability (May be repeated to a maximum of \_\_\_\_\_\_ units); time distribution (Lecture \_\_\_\_\_ hours, laboratory \_\_\_\_\_\_ hours); non-traditional grading system (Graded CR/NC, ABC/NC). Follow accepted catalog format.]

### PSY 436 PSYCHOLOGY AND HISTORY OF EAST ASIAN WARRIOR CULTURES (3)

3 hours lecture per week

Prerequisite: Upper division standing or consent of instructor

Examines the psychological and historical roots of warrior cultures in East Asia. Characteristics such as duty, enlightenment, honor, loyalty, and discipline will be examined in the context of the individual and group psychology of warrior cultures throughout history. Psychological and historical conceptions of violence, aggression, and strategy will also be explored. Students will be encouraged to relate values derived from Asian warrior cultures to their own lives, while reflecting on the applicability of these ideas to modern life. Same as HIST 436 GenEd: D, E, and Interdisciplinary

#### HIST 436 Psychology and History of East Asian Warrior Cultures (3)

3 hours lecture per week

Prerequisite: Upper division standing or consent of instructor

Examines the psychological and historical roots of warrior cultures in East Asia. Characteristics such as duty, enlightenment, honor, loyalty, and discipline will be examined in the context of the individual and group psychology of warrior cultures throughout history. Psychological and historical conceptions of violence, aggression, and strategy will also be explored. Students will be encouraged to relate values derived from Asian warrior cultures to their own lives, while reflecting on the applicability of these ideas to modern life. Same as HIST 436 GenEd: D, E, and Interdisciplinary

	Units:	Hrs/Unit	Benchmark Enrollment
2. Mode of Instruction Lecture	3	1	25

# **3.** Justification and Learning Objectives for the Course. (Indicate whether required or elective, and whether it meets University Writing, and/or Language requirements) [Use as much space as necessary]

This course examines the history and psychological aspects of traditional East Asian warrior culture. Students completing this course will be able to do the following:

Compare and contrast different psychological and historical perspectives related to Asian warrior cultures.

Discuss psychological aspects of typical traditional Asian warrior culture values (such as duty, enlightenment, honor, loyalty, and discipline)

Demonstrate the role of self-awareness in Asian warrior cultures throughout different historical periods.

Demonstrate an understanding of beliefs, values, and interactions with others in relation to traditional Asian warrior cultures.

Discuss within the historical context of Asian warrior cultures, how to reflect on experience and find meaning in it.

# 4. Is this a General Education Course? If Yes, indicate GE category: Yes

D (Social Perspectives) E (Human Psychological & Physiological Perspectives) (Upper Division Interdisciplinary GE)

### 5. Course Content in Outline Form

Era of Warring States in China The Martial Emperors SunZi - The Psychology of the Art of War Shaolin Temple - The development of the 'Martial Arts From Chan to Zen - Chinese Influences in Japan Samurai Culture The Psychology of Bushido Seppeku, Tsujigiri, and ethics Zakuza, Masseues, and Geishas - The Psychology of Caste

#### 6. References.

Varley, P. (1994). Warriors of Japan: As Portrayed in the War Tales. Honolulu, HI: University of Hawaii Press.

Nelson, R.F. (1989). The Overlook Martial Arts reader: Classic Writings on Philosophy and technique. Woodstock, NY: Overlook Press.

Chow, D., & Spangler, R. (1982). Kung Fu: History, Philosophy, And Technique. Burbank CA: Unique Publications

Zier, D. J. (2000). Japanese Sword Drawing: A source Book for Iado Students. Burbank CA: Unique Publications.

Chung, T.C. (1994). Sunzi Speaks: The Art of War. New York: Doubleday.

### 7. Qualified Faculty Rainer Buschmann, Kevin Volkan

	Fall Semester:	Spring Semester:	Summer Semester:
8. Frequency	Yes	No	No

9. New Resources Required. None

**10.** Consultation Attach consultation sheet from all program areas, Library, and others (if necessary)

# **11.** If this new course will alter any degree, credential, certificate, or minor in your program, attach a program modification

Proposer of Course: Kevin Volkan & Rainer Buschmann Date: Friday, January 10, 2003